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THE RIVER WEEKLY NEWS

Happy
Easter!

Vol. 16, No. 15

From the Beaches to the River District downtown Fort Myers

APRIL 14, 2017



The Nowhere Band

photo provided

Barbecue Competition And Music Fest

A two-day barbecue and music fest returns to the Fort Myers River Basin later this month. The 4th

annual Smoke on the Water Barbecue Competition and Music Festival will take place on Friday, April 28 from 6 to 10 p.m. and Saturday, April 29 from 11 a.m. to 10 p.m.

While the festival is free to attend, interested festival-goers can purchase VIP tickets for \$75 to access the VIP tent

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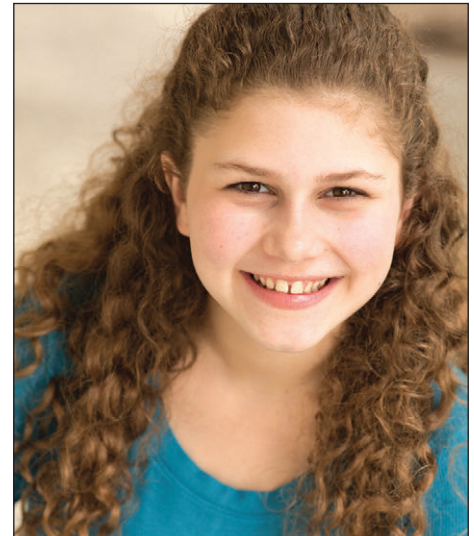
High-Flying Musical Coming To The Stage

Alliance for the Arts Youth Theatre presents *Peter Pan Jr.*, directed by Youth Theatre Director Carmen Crussard with music direction by PJ McCready and choreography by Christopher Dean Anderson. The performances feature a dual cast, with Megan Salerno and Avery King as Peter Pan.

The first performance will be on Wednesday, April 26 at 7 p.m. Other performances include Thursday, April 27 and Sunday, April 30, both at 7 p.m., Friday, April 28 at 8 p.m. and Saturday, April 29 at 3 and 8 p.m. Tickets are \$10 presale, \$20 for adults and \$15 for students and seniors.

Based on JM Barrie's classic tale, *Peter Pan* is one of the most beloved and frequently performed family favorites of all time. This high-flying Tony Award-winning musical has been performed around the world and has delighted audiences for 60 years. It is now adapted for young performers.

Avery is an eighth grader at Challenger Middle School. She loves musical theater and has been performing on Southwest Florida stages since age 6. Her favorite roles include Baby Bear in *Shrek*, Molly in *Annie*, Susan in *Miracle on 34th Street* and now Peter in *Peter Pan Jr.*



Avery King

photo provided

Megan is a freshman at North Fort Myers High School and has been in many local productions with City Scenes, Florida Rep and Broadway Palm.

"I believe the arts inspire a sense of purpose in children that follows them as they grow up," said Crussard. "I understand the importance of math and science and other subjects that promote industry. But the arts promote humanity, kindness and relationships. This is where kids learn how to be a team player, a problem solver, a collaborator and a good friend."

For tickets, visit www.ArtnLee.org or call 939-2787.*



South Fort Myers armed exhibition team

photo provided

Local JROTC Team Places In National Drill Meet

South Fort Myers Armed Platoon Exhibition Team earned a 5th place trophy in the Army National Drill Meet. The elite competition took place

April 1 in Louisville, Kentucky.

The South Fort Myers High School Armed Platoon is the first team in Lee County ever to place in the top five of the prestigious drill meet. Thirteen cadets from the local Junior Reserve Officer Training Corps (JROTC) competed against 50 teams from across the United States.

Each team had to qualify in various

continued on page 23



Jesus and His followers in *Jesus Christ Superstar*

photo provided

A Heavenly Musical At Broadway Palm

by Di Saggau

Jesus Christ Superstar is a timeless musical show by Andrew Lloyd Webber and Tim Rice, that has been delighting audiences for more than 40

years. Broadway Palm's version is one of the finest I have ever seen. Each song is sung with such emotion, it often brought me to tears.

This timeless work dramatizes Christ's final days through the eyes of his betrayer, Judas Iscariot. It's all about the stirring score, sometimes rocking majestic and dramatic, sometimes satirical and tender. This production under director and choreographer Amy Marie McCleary makes the

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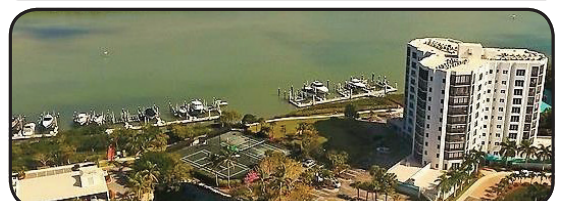
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Historic Downtown Fort Myers, Then And Now:

Rural Scene At First And Fowler

by Gerri Reaves, PhD



The roomy and breezy riverfront house in the historic photograph was the home of Shepard C. "SC" and Carrie Daughtrey Locklar Bass for about 25 years in the early 20th century.

It stood near the northwest corner of First and Fowler, just east of the Royal Palm Hotel, which is visible on the left.

Designed for comfort in a pre-air-conditioning age, the house had wrap-around front porches on both floors, as well as east- and west-facing porches on both floors in the rear half.

The grounds were known for the palms and tropical fruit trees, such as lime, orange, avocado, pecan and grapefruit, many of them planted by Carrie Bass.

Note the tall water tower on the left.

The most eye-catching detail in the photo, perhaps, is the livestock relaxing by the fence (foreground), evidence that Fort Myers was still a cow-town, even though an up-and-coming business district existed just a block or two away.

Carrie Bass had bought the house in October 1900 from Dr. GM and Emily White, just a couple of months after she married SC Bass, a cattleman and citrus grower.

She was a widow with two other children, Leona and Irwin Locklar, when she married for the second time.

The Basses had three children: Shep, Rossie and A. Donald.

In later years, Shep became the town's fire chief. Rossie married four-term Lee County Tax Collector and realtor R. Vivian Lee. Posthumously, she was the subject of



In this early 20th-century scene, cattle laze near the home of Carrie and SC Bass at First and Fowler. On the far left is the Royal Palm Hotel. photo courtesy SWFL Historical Society



The corner now hums with activity. Gone are the cattle and even the abandoned tennis courts of recent memory. Campo Felice (former Sheraton; at right) will open soon. In the center background is Royal Palm Tower, part of the City of Fort Myers Housing Authority.

photo by Gerri Reaves

the bestselling book *White Mother*, written by Jessie Bennett Sams.

In the mid-1920s, the Bass family sold the house for boom-time prices. The enormous property had 239 feet of frontage on First and more than 400 on Fowler.

Carrie, by then a widow once again, moved a few blocks east on First Street to another riverfront house. (That house, which became known as the Lozier-Bass-Kinsey home, was recently demolished.)

Around 1930 – just in time for the Edison Bridge – a Gulf Oil station was built on that corner seen in the photos.

As for the corner's recent history... for the last few years, an unused tennis court surrounded by a chain-link fence was located there.

It was a reminder of the land's hotel history since the Sheraton Harbor Place Hotel opened in 1987 with great fanfare. The towering hotel had several subsequent owners and names, but closed years ago.

Recently, however, the former Bass property is part of an exciting redevelopment project that includes the former Sheraton.

As the "now" photo illustrates, Campo Felice will open soon.

Walk down to a corner whose image has changed from cow-town to high-rise redevelopment in a little more than a century.

Then, visit the following two research centers to learn more about the many transformations at the busy First and Fowler intersection over the decades.

The Southwest Florida Historical Society is an all-volunteer non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer non-profit organization are 11 a.m. to 4 p.m. Tuesday through Friday and noon to 4 p.m. on Saturday.

For information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: Archives of the Southwest Florida Historical Society, *The Story of Fort Myers* by Karl H. Grismer, and Lee County public records. ✱

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Two Community Cooperative volunteers serving Prawnbroker's Manhattan Clam Chowder photo courtesy

Empty Bowls Soup Winners

Community Cooperative, in partnership with Suncoast Credit Union and The School District of Lee County, hosted the 3rd annual Empty Bowls, held at The Alliance for the Arts on March 25 to raise hunger awareness through art.

"It was a beautiful day combing art and hunger awareness. An important part of our mission is to bring awareness to our community about the

epidemic of hunger in our community. It's quite gratifying to work with our young students on this project and see our mission of ending hunger and homelessness come to life through their creativity", said Tracey Galloway, CEO of Community Cooperative.

The event featured handmade ceramic bowls, crafted by local school children and filled with soups prepared by local restaurants and chefs. School groups as well as the Broadway Palm Dinner Theater provided entertainment throughout the afternoon.

Empty Bowls 2017 Winners include:

Judge's Choice: 1. Prawnbroker Restaurant: Manhattan Clam Chowder; 2. Mermaid Garden Café: Vegetarian Roasted Corn & Black Eyed Peas; 3. Renee Worthington: Gazpacho.

People's Choice: 1. Community Cooperative: Sweet Potato & Pumpkin Soup; 2. University Grill: Vegan Garbanzo Bean & Vegetable; 3. Fancy Nancy Hicks: Amazing Corn Chowder.

Special thanks go to University Grill, Jason's Deli, Tasty Cultures, Renee Worthington, Prawnbroker Restaurant, Mermaid Garden Café, Nancy Hicks, G3 Catering, Jonesez BBQ, Melissa McCartney and Chris Couse for participating in the Soup-Off.

For more information, call 332-7687 or visit www.CommunityCooperative.com.

Night For Life Benefit April 17

The Night For Life 10th anniversary fundraiser will be held at the Broadway Palm Dinner Theatre in Fort Myers on Monday, April 17 from 5 to 9 p.m. The annual fundraising event is sponsored by the Organ Transplant Recipients of Southwest Florida, Inc. to benefit local organ transplant patients and those on the transplant waiting lists. This event also raises awareness about organ donation. An average of 22 people die each day in the U.S. due to a lack of available organ and tissue donors.

Entertainment this year includes the popular local band 41 South. Tickets are \$35 per person, \$50 for VIP seating and include a buffet dinner, program, entertainment and the popular silent and Chinese auctions. Doors open at 5 p.m. Auctions run from 5:30 to 8 p.m. and the dinner buffet is from 5:30 to 7 p.m.

Auction items are only a bid away. Take a private boat trip to Useppa Island for up to eight people; tour the San Carlos Island Shrimp Fleet docks, which includes a family membership to the Ostego Bay Marine Science Center; or feast on two "wild pink shrimp" dinners while taking in the panoramic view of Matanzas Pass. Bid on gift

certificates from Southwest Florida's most popular restaurants in Fort Myers, Sanibel Island, Cape Coral, Fort Myers Beach and San Carlos Island. Or place your best bid on jewelry, gift baskets, art from local artists, signed books by popular authors, tickets to area attractions, sporting event tickets, rounds of golf, and many other items.

Sponsors for this year's event includes Diamond Sponsor: Lee Health; Gold Sponsors: T&T Accounting, Kwik Kopy, Surgical Specialists, Associates in Nephrology; Silver Sponsors: Craig King Accounting, Family Thrift Center, The Cedar Chest Fine Jewelry, Cape Coral Irish American Club, Davita, LifeLink, Greg Allman; Bronze Sponsors: Mark Hambling, Edward Jones; Centre Pharmacy, Service Master by Wright.

For tickets, call David Weinstein at 560-3401. To become a sponsor or if you are interested in donating an auction item, call 247-3073.

For more information, visit www.organsupport.org or the Facebook page at www.facebook.com/pages/Organ-Transplant-Recipients-of-SW-Florida-Inc/456165927762457.

For more information about Organ Transplant Recipients of Southwest Florida, contact www.otroflswfl@gmail.com. To find out more about registering to be an organ donor, visit www.donatelifeflorida.org/register.

Networking At Davis Art Center

Gulf Coast Leisure's Art & Poetry Networking Events showcase the best art, music and poetry Southwest Florida has to offer. Artwork of every media type is represented, like music, spoken word, poetry and crafts.

Network with like-minded people and expand the SWFL artistic community at the next Art & Poetry Networking Event on Friday, April 21 at 8 p.m. Tickets are \$10 per person.

The Sidney & Berne Davis Art Center is located at 2301 First St. in the historic downtown Fort Myers River District.

Visit www.sbdac.com for more information and tickets.

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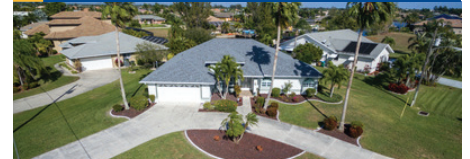
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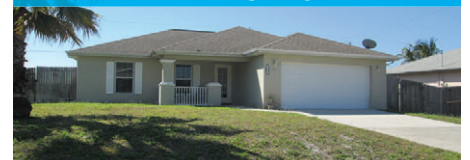
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Fort Myers Art:

World War II Solider Featured During Theater Talk-Back



by Tom Hall

Following the Thursday, April 20 performance of *The Last Night of Ballyhoo*, Lab Theater will host a talk-back that includes several Holocaust survivors, *Florida Weekly* journalist Ella Naylor, and World War II soldier Robert “Bob” Hilliard.

Now living on Sanibel Island, Hilliard was born in New York City on June 25, 1925. He was drafted in 1944 and served in the Infantry. As the war ground to a conclusion in April of 1945, Hilliard found himself stationed near Landsberg, Germany, the place where Hitler penned *Mein Kampf*. Not long after he became the editor of his unit’s newspaper, some of his buddies told him about a concert at Saint Ottilien Monastery that was being put on by Jewish musicians who’d been recently liberated from the concentration camp at Dachau, some 30 miles away. They told Hilliard there was a story there that he might want to pursue.

At Saint Ottilien, Hilliard witnessed the extreme mistreatment of the displaced persons who had congregated there. They were emaciated, gravely ill and still wore concentration camp stripes. No one knew what to do with them, but Hilliard and his army buddies found creative ways to take care of them that went far beyond supplying them with stolen food. Hilliard and fellow private Edward Herman wrote a letter addressed to the American people regarding the conditions at the monastery. They personally mailed thousands of letters to people all over the United States imploring them to send donations. They asked everyone they knew to do the same. A copy of their letter landed on the Resolute Desk, prompting President Harry S. Truman to reverse the U.S. policy of neglect, thereby saving the lives of untold numbers of Holocaust survivors. As a result of the donations they received, Hilliard and Herman saved hundreds of the survivors being cared for by the monks at Saint Ottilien.

Hilliard has shared his story in both a documentary (*Displaced! A Miracle at St. Ottilien*) and a memoir (*Surviving the Americans: The Continued Struggle of the Jews After Liberation*). His message for the world is that the efforts of one individual, however lowly in rank, can make a life-or-death difference to another human being. More, “each one of us has a responsibility to do something about the people today in various parts of the world who are being persecuted or need help,” said Hilliard in an interview by *South Florida Sun-Sentinel* reporter Sergio Carmona in May 2015.

Performances for *The Last Night of Ballyhoo* begins on Friday, April 14 at 8 p.m. The plot for the 1997 Tony Award for Best Play winner involves the Freitag family of Atlanta, Georgia, caring more about Ballyhoo, the biggest social event of the year, while Hitler is in power overseas. Romance, self-revelations, prejudice and obligations are masterfully woven into this award-winning play by the author of *Driving Miss Daisy*.

Those attending the April 20 performance of *The Last Night of Ballyhoo* are invited to take part in the discussions following the show.

The Lab Soiree And Fundraiser April 17

The Laboratory Theater of Florida has announced plans to purchase and refurbish the building it currently calls home with an eye toward creating a state-of-the-art boutique theater in the very near future. But as you can imagine, that’s going to require



Sanibel resident Bob Hilliard

photo courtesy www.artswwf

some considerable green. So The Lab is hosting a Season Announcement Soiree on Monday, April 17 to announce its upcoming ninth season and raise funds for needed repairs and renovations.

Termite extermination, sewer line repair and a new roof headline the list of planned repairs and renovations. Proceeds from the event will also fund the expansion of the theater’s educational and outreach programs, investing in future community-oriented programs and socially-conscious theater.

During the event, multiple opportunities to win naming rights will be available as well as silent auction raffles. Attendees will also have an opportunity to purchase season tickets at a discounted rate at the event, but the discount is available only at the event.

The gathering will take place from 6:30 to 8 p.m. at the theater, located at 1634 Woodford Avenue in Fort Myers. For more information, call the theater at 218-0481.

A 501(c)3 organization, The Laboratory Theater of Florida is dedicated to the promotion of the performing arts through live performance, education, community outreach, experimentation, and the development of ensemble work. The company features ensemble productions, produces classic works, takes artistic risks, and features and challenges local performers of various skill levels.

Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled *Art Detective*. A former tax attorney, he lives in Estero with his fiancé and their four cats.*

Leadership Royale Benefits Heights Entities

Tickets are now on sale for Leadership Royale 2017 at Suncoast Credit Union Arena at Florida SouthWestern State College on Saturday, April 29 from 6 to 11 p.m. The Chamber of Southwest Florida’s Leadership Lee County Class of 2015-16 joins their counterparts from the Greater Fort Myers Chamber of Commerce, the Cape Coral Chamber of Commerce and Bonita Springs Area Chamber of Commerce to raise funds for the Heights Foundation and celebrate this year’s honoree, Florida Gulf Coast University President Dr. Wilson Bradshaw.

The public is invited to attend the black tie-optional event and mingle with

the alumni of four illustrious leadership programs. Cocktails, dinner, casino games and live music by the Killa-Watts, a band made up of Lee County Electric Cooperative employees who perform as a service at charity and community events, will be provided. NBC2 news anchor Teri Hornstein will serve as the master of ceremonies.

Tickets can be purchased at www.leadershiproyale.com for \$100 per person, with all proceeds benefitting the Heights Foundation, which works to build self-sufficient families in the Harlem Heights neighborhood, and the Heights Center, a place for education, opportunity and enrichment. Reserved tables of eight are available for \$1,200 and include recognition at the event. Sponsorships offering various levels of attractive benefits are available from \$2,000 to \$7,500. Call 433-4111 for information.*





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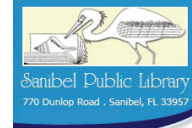
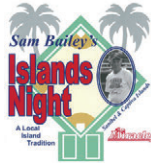
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Affirmation, a new play by Fay Ellen Graetz, will be read on the Fould's Theatre stage for Theatre Conspiracy at the **Alliance for the Arts** this Saturday, April 15 at 3 p.m. Tickets are \$5 at the door. The compact, two-act play revolves around the aftermath of a church shooting where a televangelist bargained for his life by denying his



Neil Zirconia, a **Neil Diamond tribute** entertainer, will perform Neil Diamond hits at the **Edison & Ford**


Local Reality TV Contestant Joins Travel Rally


"We are excited about hosting this event again and having such a talented singer/songwriter join us this year," said Tamara Pigott, executive director

Attendees can purchase season tickets at a discounted rate at the soiree. This discount will be given at the event only. For more information, call the theater at 218-0481.✱

Stay engaged with the Lee County Visitor & Convention Bureau before and during the rally by posting to social media outlets using #ntw17 and #travelrally17.✪

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ArtPlay students during Puppet Time

photo provided

ArtPlay Classes For Children With Autism

The Alliance for the Arts, in partnership with Family Initiative Inc., is continuing weekly art classes for young artists with Autism Spectrum Disorder (ASD) in April and May. The program, ArtPlay, is designed to engage children with ASD in the arts while focusing on identity development, self-awareness, self-esteem, social communication and building positive coping skills.

ArtPlay classes will be held on Thursdays from 4:30 to 6 p.m. Session one is April 13, 20 and 27. Session two is May 4, 11, 18 and 25. The program takes place at the Alliance for the Arts located at 10091 McGregor Boulevard in Fort Myers.

Cost is \$10 per class, which includes art supplies. Pre-registration is required. Students must respond to verbal direction, independently toilet, and not require one-on-one supervision.

The project has garnered support

from Suncoast Credit Union, Cape Coral Community Foundation and the Sylvia Meisenberg Trust.

"We are proud to partner with our friends at Family Initiative to expand art opportunities and promote mental and emotional growth for young artists with autism," said Alliance for the Arts executive director Lydia Black. "Through the creative process, we allow people to explore and express themselves while building valuable life skills."

ArtPlay classes, designed for young artists under 18, are taught by a certified art therapist and supported by an accredited behavioral analyst.

"We are thrilled to collaborate with the Alliance for the Arts to offer this program for children on the autism spectrum," said Family Initiative Inc. president David Brown. "This program offers a unique opportunity that would otherwise not be available for children to develop friendships and engage in creative fun activities in a supportive environment."

For more information or to register, call 939-2787 or visit www.ArtInLee.org/ArtPlay.✱

Fascism: Can It Happen Here?

World War II veteran Robert Hilliard has seen the results of Fascism firsthand. As a private in the Army, he was stationed at the end of the war next to a German monastery housing Holocaust survivors dying from neglect. On Wednesday, April 26, the Lee County resident will relate his experience and discuss Fascism in America: Can it Happen Here? at 6 p.m. at the Lakes Regional Library, 15290 Bass Road, in Fort Myers. The talk is being sponsored by Lee OFA Indivisible, a grassroots advocacy group with 300-plus members.

Hilliard received a Purple Heart as a result of shrapnel injuries suffered during the Battle of the Bulge and was subsequently sent to Bavaria as a journalist to report on conditions there. Finding starving concentration camp survivors housed in a monastery hospital next door to his

base, he and another Army private began smuggling food rations into the monastery, eventually writing and circulating a letter to the American people about the situation, thereby capturing the attention of President Truman. Thus began the long process of healing and recovery.

Hilliard's actions and those of his friend literally saved the lives of thousands of Holocaust survivors, a feat that makes all veterans proud.

With a Columbia University PhD, he has worked professionally in radio, television, theater and journalism. He was chief of public broadcasting at the Federal Communications Commission and was a college dean and professor at Emerson College. Beginning in his teens, he fought as an activist for civil rights and civil liberties. Many of his 35 books and 20-plus plays deal with political and social issues.

Admission to Hilliard's talk is free and open to the public.

For more information, visit Facebook.com at Lee OFA Indivisible or email leeofaindivisible@gmail.com.✱

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Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. www.allfaiths-uc.org

ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers. Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers. Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. annunciation.fl.goarch.org, 481-2099

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15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166. Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

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5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, rabbi@chabadswf.org. www.chabadswf.org. Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus. An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor revtedalthouse@aol.com

CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondenominational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 10:30 a.m. Website: www.taecc.com

COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937. Reverend Dr. Jeffrey DeYoe, Senior Pastor. Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442. Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

CYPRESS LAKE

PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. www.clpc.us. Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional

11 a.m. Summer Prayer Service 8 a.m. Combined Traditional/Praise 10 a.m.

CYPRESS LAKE UNITED METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

FAITH FELLOWSHIP WORLD OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 3 p.m., Wednesday 1 to 3 p.m. www.christiansciencefortmyers.net, www.christianscience.com

FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511. Pastor Reverend Joey Brummett. Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. www.fumcftmyers.org. Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330. Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;

8210 College parkway, Fort Myers, 482-3133. RRev. Dr. Jean M. Simpson and Rev. Ellen Palmer Marsey. Morning Worship: 10 a.m., Church School: 10:15 a.m. Friendship Time follows worship.

IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

JESUS THE WORKER

CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143. Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. www.lambofgodchurch.net. Reverend Dr. James

Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. nbcministry@embarqmail.com, www.facebook.com/nbcministry. Alex and Patricia Wiggins, Ministers

NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. www.newcovenanteyes.com. LIFT Kidz program, free coffee and donuts.

NEW HOPE BAPTIST CHURCH OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. www.newhopefortmyers.org.

PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400. Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. www.peacecommunitychurch.com.

PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, www.peaceftmyers.com, peace@peaceftmyers.com.

REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143. 8:15 and 10:15 a.m. Sunday Services. Daily early learning center/day care.

RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

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12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973. Father Lorenzo Gonzalez. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m. Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturday 9 a.m. or by appointment.

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2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

SAINT JOHN THE APOSTLE

METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation. Sunday Services 10 a.m.

SAINT MICHAEL LUTHERAN

CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. www.saintnicholasmonastery.org.

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CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, www.templebethel.com. Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Karen Kagan. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. www.tjswfl.org.

THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

UNITARIAN UNIVERSALIST

CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. www.uucfm.org.

UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

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11120 Ranchette Road, Fort Myers. Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, www.unityoffortmyers.org. Our God is Love, Our Race is Human, Our Religion is Oneness

WESTMINSTER PRESBYTERIAN CHURCH (PCA)

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Pastor: Byron West. Sunday Services: 9:30 a.m. Discipleship Classes for all ages, 10:30 a.m. Fellowship & Coffee, 10:45 a.m. Corporate Worship.

WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. www.zionfm.org.✱

FORT MYERS FARE

DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well-known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

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LaMotta's Italian Restaurant & Pizzeria was established in 1979 and is one of the longest-running family eateries in the Fort Myers area. Chef Camelo LaMotta serves traditional Italian dishes such as chicken parmesan, lasagna, pizza and calzones as well as specialty creations like osso bucco, lobster risotto, pescatore and filet Florentine.

Try LaMotta's New York-style pizza, cooked in a 500-degree oven for the perfect crunchy slice. For specialized desserts, treat yourself to cannolis and tiramisu along with a cappuccino or coffee.

Hours include Monday through Friday from 11 a.m. to 9 p.m.; Saturday from noon to 9 p.m.; Sunday from 4 to 9 p.m.

15660-225 San Carlos Boulevard, Fort Myers, 482-5505.

SUMMERLIN JAKE'S

Summerlin Jake's Seafood and Steaks, a sunset dining water view restaurant in Fort Myers, located near the Sanibel Bridge, offers new American cuisine prepared in the old Florida tradition. Paying tribute to the rich history of Punta Rassa, where Jake Summerlin owned a wharf that he used to ship his cattle to Cuba and the local waters that are famous for being the home to big game fishing, Summerlin Jake's offers freshly caught local seafood, tender, juicy prime steaks, smoked ribs, brisket & chicken and heart-healthy, vegan choices that are locally sourced, hand-selected and artfully prepared. Summerlin Jakes is open Monday through Friday 11 a.m. to 10 p.m. and Saturday and Sunday 8 a.m. to 10 p.m. (Breakfast served 8 to 11:30 a.m.). Happy Hour is 3 to 6 p.m. daily. Live music on Friday and Saturday 5:30 to 10 p.m.

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Terra Nostra is open six days a week from 4:30 to 10 p.m. It is closed Tuesday until further notice.

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From left, Sophia Prendiville, Angela Melvin and Megan Piller

photo provided

Bishop Verot High Spearheads Teddy Bear Drive

Bishop Verot Catholic High School students collected more than 200 teddy bears for the local non-profit, Valerie's House, with hopes that the grieving children in the program would have a cuddly toy to comfort them when they are talking about their loss.

Valerie's House was selected to receive this generous donation by tenth graders Sophia Prendiville and Megan Piller as part of a Bishop Verot High School Scholars Academy service project. Prendiville and Piller were aware of the nonprofit

organization through Prendiville's mother, Christina Mehta Prendiville, who serves on the executive board of Valerie's House. The teens also volunteer with the program by serving dinner at group night meetings and helping out at holiday parties and fundraisers.

Angela Melvin, founder and president of Valerie's House, said, "The Valerie's House children look forward to getting a chance to go into the teddy bear library, and because of the generosity of the Bishop Verot staff and students, we will have plenty of cuddly bears for our kids in grief. Thank you to everyone who helped us this year."

Melvin said the teddy bear drive has also increased awareness of the new nonprofit within the Bishop Verot High School community. Several teens who

have suffered a loss have come forward and enrolled in the program.

Valerie's House is serving 105 children and their caregivers from Lee, Collier, Charlotte and Hendry counties. Interested families or mental health professionals who would like to volunteer can contact Danielle Visone at 841-9186 or Danielle@

valereshouseswfl.org.

Valerie's House is fully supported through generous donations from the community. For more information or to make donations, visit www.valereshouseswfl.org or mail to Valerie's House, Inc., P.O. Box 1955, Fort Myers, FL 33902.✱

Celebrate Safe Kids Day

Join Golisano Children's Hospital of Southwest Florida in celebrating Safe Kids Day at Gulf Coast Town Center on Saturday, April 22 from 11 a.m. to 2 p.m. This free family event includes games, prizes, displays, giveaways, and lots of fun all to promote awareness about preventable injuries.

As the leading agency for Southwest Florida's Safe Kids, Golisano Children's Hospital of Southwest Florida will provide car seat checks as well as educational materials to engage families in taking action to protect children. In Southwest Florida, 98 percent of car seats checked by certified installers from 2008 to 2009 were set up improperly. These local numbers are higher than the national average even though the parents were doing what they thought was right.

"No one likes to see a child suffer, but tragedy also lies in the fact that most injuries are preventable," said Sally Kreuscher, Child Advocacy Program coordinator for Golisano Children's Hospital of Southwest Florida and Safe

Kids Southwest Florida coordinator.

Education is key. You may be doing all you know to protect your children, but what about the things you don't know? As parents, we do all that we can to keep our little ones safe, yet accidents happen. Each year, more than 12,000 kids (age 19 and younger) die and more than 9.2 million are treated in emergency departments for injuries.

For more information about Southwest Florida's Safe Kids, visit www.safekids.org or www.safekidsleecollier.org.✱

Spring Concert

Students in Florida SouthWestern State College's (FSW) music program will perform a spring concert in the Barbara B. Mann Performing Arts Hall on Monday, April 17 at 7:30 p.m. Doors open at 7 p.m.

The free concert will include jazz big band, jazz combo and jazz vocalists.

Barbara B. Mann Performing Arts Hall is located at 8099 College Parkway, Fort Myers.

For more information, contact Kelly O'Neil, FSW music department, at 432-5203 or koneil1@fsw.edu.✱



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Plant Smart

Narrow Leaf Ground Cherry

by Gerri Reaves

Narrow leaf ground cherry (*Physalis angustifolia*) is a perennial wildflower found along the Gulf Coast of the southeastern United States. It also called coastal ground cherry.

The bell-like flowers of this Florida native are quite beautiful but don't get their share of attention because they dangle downward.

Solitary and pale yellow, they have fused petals and bloom mainly in the spring and summer.

Flowers have both male and female organs, meaning they are hermaphroditic. They measure less than an inch across. Some flowers have purplish throats and some do not.

The narrow leaves alternate on erect stalks of one to two feet high. Like many members of the nightshade or potato family, this species has toxic leaves and stems, although the ripe fruit is said to be edible.

The fruit is enclosed in what resembles a Chinese paper lantern, which is actually the inflated five-lobed calyx, the collective sepals. The term *physalis* means "bladder" and refers to that enclosure.

That calyx is toxic and should never be eaten. At first, it is colorful – green with purple veins – but eventually turns brownish, emphasizing the papery look.

Only when the fruit inside it has turned from green to golden yellow is it ripe. The cooked ripe fruit is used in pies and preserves and has a bittersweet flavor.

The Institute for Regional Conservation lists this plant as imperiled.

Sources: *Florida Wild Flowers and Roadside Plants* by C. Ritchie Bell and Bryan J. Taylor, eattheweeds.com, pfaf.org and uswildflowers.com.

Plant Smart explores the diverse flora of South Florida.✧



Native narrow leaf ground cherry has downward-hanging bell-like flowers. The papery calyxes (below flower) enclose the fruit, which sources say is toxic unless ripe and properly prepared.

photo by Gerri Reaves

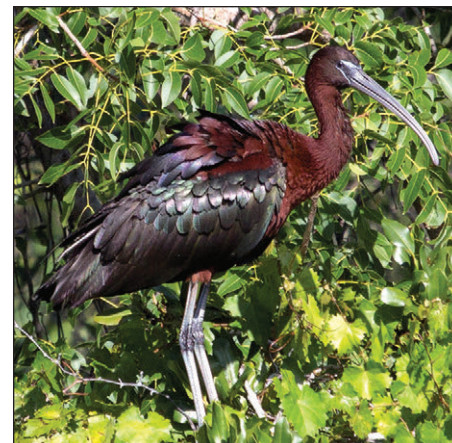
Free Bird Walk

Experience one of the best birding sites in Lee County during a walk with a bird patrol guide at Bunche Beach on Thursday, April 27 at 5:30 p.m.

Interested participants are asked to meet on the beachfront. The event, provided in cooperation with Lee County Parks and Recreation, is free with parking fee of \$2 per hour (tour is approximately two hours). Restrooms are in the building within the first parking lot.

Bring binoculars, sun protection, shoes that can get wet, a bottle of drinking water, your curiosity and love of nature.

Bunche Beach is located in south Fort Myers off Summerlin Road. The beachfront is on the south end of John



Glossy ibis

photos by Meg Rousher

Morris Road.

For more information, call 707-3015 or visit www.birdpatrol.org.✧

Fund For The Environment

Just in time for Earth Day on Saturday, April 22, the Southwest Florida Community Foundation is crowdfunding for the Fund for the Environment in Southwest Florida.

All monies raised through this multi-donor fund will be given back out to the local community through nonprofit organizations with projects focused on the long-term sustainability of the Southwest Florida environment.

Donations starting at \$10 are now being accepted online at www.floridacommunity.com/environment-fund. The first 22 donors will receive an "environment" button in the mail.

The first grant from this new fund was awarded this year to Audubon

of the Western Everglades Protection of Vital Wetlands and Habitat in Southwest Florida.

Earth Day is celebrating its 47th year as a movement that continues to inspire, challenge ideas, ignite passion and motivate people to action. The first Earth Day on April 22, 1970, activated 20 million Americans from all walks of life and is widely credited with launching the modern environmental movement. Today, the Earth Day Network (EDN) works with tens of thousands of partners in 192 countries to broaden, diversify and mobilize the environmental movement. More than one billion people now participate in Earth Day activities each year, making it the largest civic observance in the world.

For more information, call 274-5900 or visit www.floridacommunity.com.✧

Bird Expert To Make Presentation

Audubon Southwest Florida will hold its April program at the Southwest Florida Masonic Center, 10868 Metro Parkway, in Fort Myers on Thursday, April 20 at 7 p.m.

Kara Lafave of Florida Gulf Coast University will present *Exciting Prospects For Studying Bird Migration In Florida*.

Lafave is an ecologist, ornithologist

and science educator with an interest in exploring the consequences of human activity on biological diversity, including impacts on species distributions and ecosystems functioning. She earned a doctoral degree in ecology and evolutionary biology from the University of Toronto Canada, her hometown. Dr. Lefevre joined the faculty of FGCU in 2015 as an assistant professor of conservation biology in the department of marine and ecological sciences.

For more information, visit www.audubonswfl.org.✧

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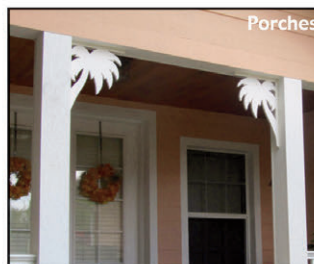
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CROW Case Of The Week:

Northern Mockingbird



by Bob Petcher

The northern mockingbird (*Mimus polyglottos*) has an endless string of songs that appear to run either one after the other or all at once. The thin-bodied gray bird sings nearly nonstop to the point that it may seem like many birds have entered your backyard area.

Interestingly, the songbird not only mimics songs of other birds

but the sounds of insects and other small animals. Of the 16 different species of mockingbird, the northern mockingbird is the only one commonly found in the United States.

The mockingbird dines mainly on insects in summer but tends to switch to eating mostly fruit in fall and winter. A good way to encourage a mockingbird to hang out in your yard is by planting fruit trees and bushes. The songbird doesn't visit bird feeders very often.

At CROW, an adult northern mockingbird was admitted to the clinic on March 16. It reportedly suffered a trauma, one that might have been caused by being hit by a car. The bird had a bruised and swollen left eye with corneal edema, a swelling of the thin iris cover.

CROW medical officials stated the injured eye developed a corneal ulcer that was treated with medications. Unfortunately, no medications were successful. After some time in the clinic, the bird's mental activity improved, and it began eating on its own. However, the patient was said to have developed a slight head tilt that was determined to be "an adaptation" caused by the lack of vision in its left eye.

The decision was made to remove the eye to prevent further complications.

"We only remove an eye if we think that it may cause long-term pain, discomfort or be at risk of becoming infected," said CROW intern Dr. Julia Hill. "The cornea of the eye is a protective barrier and, if it is compromised, the bird may eventually get a systemic infection through the bloodstream."

Even with only one eye, the patient is expected to regain strength, be released in the wild and live a productive life. Known as adaptable birds, northern mockingbirds can adjust to seeing out of one eye since they do not have binocular vision.

"The mockingbird probably has not been able to see anything out of that eye since it got here, so it has already had time to adapt," said Dr. Hill. "We will keep it inside for seven to 10 days after the operation to monitor for swelling or discharge at the surgical site, then place it outside for several days to monitor foraging and flight ability. We have already seen that it is capable of excellent flight and navigation with one eye."

CROW doctors are optimistic on the patient's full recovery with the disability.

"In general, we look at a bird's natural history to determine if releasing with one eye is appropriate. Birds that hunt with binocular vision, like hawks, need both of their eyes to be successful," said Dr. Hill. "However, mockingbirds are resourceful and eat a wide variety of foods, including insects, other small invertebrates, fruits, berries and seeds. Their eyes are placed on the sides of their head, so they do not utilize binocular vision. It is also important to consider migration. Studies suggest that songbirds have special magnetic sensors in their eyes to navigate. However, mockingbirds in this region do not typically migrate and can successfully breed and find a permanent home here."



Patient #17-621 after its left eye was removed photo by Brian Bohlman

After the weekend, the mockingbird has continued to make positive steps.

"The patient continues to do well; no swelling or discharge noted from the removed eye," added Dr. Hill. "The patient has also done very well in the hospital, as far as eating on its own and responding appropriately to stimulation. This is a good indication that it has a strong survival instinct that will likely continue once released despite the disadvantage of having only one eye."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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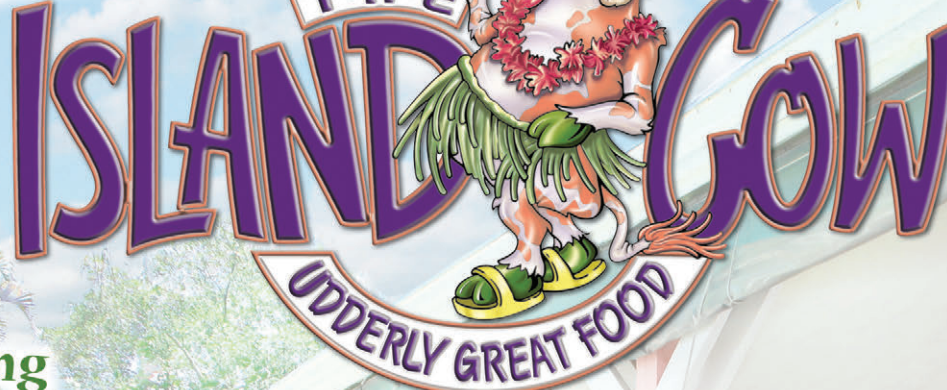
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Hopefully The Last Cold Front



by Capt. Matt Mitchell

Just when awesome spring fishing was kicking into high gear, another cold front brought a extreme 10 degree plus drop to our water temperature. Strong winds that came along with

the passing cold front kept anglers off the water for at least a day or two until conditions gradually relaxed and slowly began to calm back down. Canceling trips was the only option as winds gusted 30 mph plus. April is always a windy month and so far, this has rang true.

Pre-cold front, our snook bite was as good as it gets on both tide phases – as long as the water was moving, the bite was on. During the extreme high tides brought on by the southerly wind direction, oyster bars were the place to be, with snook of all sizes caught in less than three feet of water. During lower water periods, deeper windblown mangrove shorelines within



Pam Murray with a 30-inch snook caught pre cold front while fishing with Capt. Matt Mitchell

close proximity to the passes held lots of snook, too. Chumming with live shiners at every stop, it did not take long to have snook blowing up everywhere. Post-cold front, our snook bite got tough for a few days but is gradually improving. This bite will get going again once our water temperatures climb back to the high 70s again.

Once back to fishing after the cold front, it was all about getting tucked away from the wind and catching what was biting as options were few. During the super low morning tides, big redfish have

been pretty predictable and seemed to not be affected much by the colder weather. This bull red action was often a patience bite and seemed to happen best during roughly an hour or so window during the first part of the incoming tide. Our best morning on these redfish we caught four over 30 inches and lost another three while using a pinfish weighted to the bottom on a large split shot. Most trips if you rode out the first hour or so of the incoming tide, you would hook into a few of these hard fighting redfish.

After the cool down, looking for just any kind of action while staying out of the wind, I tried what I usually do in winter and targeted sea trout in the deeper "Ding" Darling creeks. During the lower water periods, this trout bite on free lined live shiners saved several trips and made for happy anglers that caught dozens of trout. Most of these trout were just at or under the 15-inch slot, but if you put in your time, you could grind out the four fish per

angler limit on 16- to 18-inch plus trout. These trout seem to move in from the stirred up water out on the open grass flats during windy cold periods and get back into these three to six foot cleaner deeper sheltered creeks in just huge numbers. At times this bite was outstanding, with multiple hook ups and baits getting hit on almost every cast.

While fishing an annual six boat trip out of Captiva for two days this past week, all of the captains managed to find some decent action even in the far from perfect conditions. It was interesting to compare notes and see how all of us experienced much better action on day one even while fishing during really strong winds. Although conditions were much calmer and prettier on day two, fishing was noticeably slower due to the high pressure and cooling water temperatures. Midway through day two, the bite just stopped for everyone.

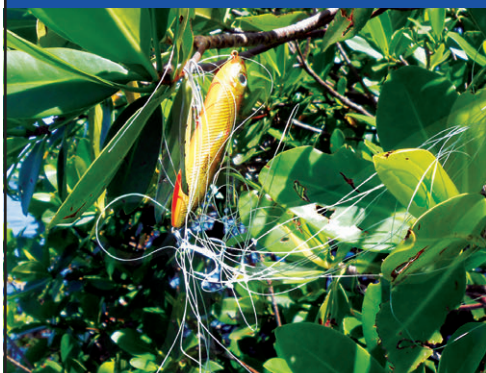
Although I would like to think this is the last cool down we will have to deal with until fall, it's not that unusual to have at least another one or even two more cold fronts pass through late into April if not into early May. This is exactly what happened last year after anglers got to enjoy some great spring tarpon action during the middle of April, then the first week of May we had a major cool down that wrecked our tarpon fishing for over a week. Hopefully, this pattern does not play out this year and this was the last of the bad weather that can bring most fishing to a halt.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✪

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-0113.

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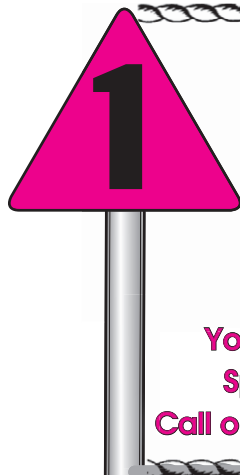
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Dave Doane



Officials show the donation check worth \$116,000

photo provided

Large Donation Given To Blessings In A Backpack

The Bobby Nichols Charity Foundation recently presented \$116,000 to Blessings in a Backpack of Southwest Florida to support its mission of making hunger-free weekends a reality for food-insecure children in Lee and Collier counties. Proceeds from the 15th annual Nichols Cup Celebrity Pro-Am Golf Tournament were earmarked for several not-for-profit organizations who serve vulnerable children.

In Lee and Collier counties, 60,000 elementary students who receive free breakfast and lunch would struggle to get the nutrition they need over the weekend without Blessings in a Backpack of Southwest Florida. The organization sends enough breakfast, lunch and snack foods home with more than 3,000 students on Friday afternoons to get them through to a

productive, happy Monday morning.

The Bobby Nichols Charity Foundation, founded in 2002, is a group of Fiddlesticks members known as Pipers who volunteer to organize and run the golf tournament plus a charity tennis tournament. Blessings in a Backpack was added to the foundation's beneficiaries in 2011 and has received more than \$540,000 from the group over the last six years. Bobby Nichols, winner of 14 PGA Tour tournaments including the 1964 PGA Championship and 1974 Canadian Open, has been a resident of Fiddlesticks since its inception.

Blessings in a Backpack of Southwest Florida Executive Director Cecilia St. Arnold said, "The Bobby Nichols Charity Foundation really is a blessing to our organization and an inspiring example of how individuals working together can make a monumental impact. It only takes \$100 to feed one child four meals every weekend for 38 weeks, and the Fiddlesticks community will help us grow and serve even more children."✪

Greeters Club Luncheon

Greeters Club will hold its monthly luncheon on Thursday, April 20 at the Colonial Country Club, 9181 Independence Way, in Fort Myers. Registration is from 10:45 to 11:30 a.m.

The guest speaker will be Michelle Nelson, a licensed esthetician and owner of Lash Out Beauty Bar in Naples. She

has been working her magic for over 20 years. Her presentation will include makeup and skin care trends for the mature woman.

Cost to attend luncheon is \$20. Email greetersclub@gmail.com to find out more about joining this dynamic group of Lee County women. Provide your name, email address and phone number, and you will receive a return email confirming your reservation.

For more information, visit www.greetersclubofgreaterfortmyers.com.✪

Bank Promotion

Sanibel Captiva Community Bank has promoted Lana Hollier to senior vice president and director of deposit operations. Based at the College Parkway branch, she is responsible for deposit operations, including business and consumer banking.

Hollier joined the bank in 2004 as vice president and director of deposit operations and has more than 30 years of banking experience, including previous positions as branch manager, assistant branch manager, team lead, senior personal financial associate and sales and service associate.

A Cape Coral resident, Hollier is secretary and treasurer of the Southwest Florida Security Association and an advisory board member of Cape Coral Technical College. She volunteers with Ronald McDonald House Charities and Champions 4 Children.

Founded in 2003, Sanibel Captiva Community Bank has two locations on Sanibel: the main office at 2475 Library Way and 1037 Periwinkle Way, and five additional locations in Fort Myers: in the Edison Theatre building in



Lana Hollier

photo provided

downtown Fort Myers; in the Myerlee community; on McGregor Boulevard near Kelly Road; on College Parkway; and at the intersection of Gateway Boulevard and Devonshire Lakes Drive.

To learn more, visit www.SanCapBank.com.✪

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Financial Focus

Don't Get Swayed By These Investment Myths



by Jennifer Basey

Over time, you will run into various suggestions for investing successfully. Yet upon closer inspection, many of these ideas turn out to be "myths" – which could cause

you trouble if you treat them as solid advice. Here are five of these myths, along with some reasons for ignoring them:

- You can find the next "big thing." All of us probably wish we could have "gotten in on the ground floor" of Apple or Microsoft or some other tremendously profitable company. And who knows? There may indeed be a similar other business out there, waiting to take off. But it's almost impossible for anyone to identify these potential "blockbusters." There's really no shortcut to investment success – you need the patience and discipline to invest for the long term, and you need to build a portfolio that's appropriate for your goals and risk tolerance.

- Investors should always seek to "buy low and sell high." This is actually good advice – or it would be, if were possible to consistently follow it. But how can you know when the market is "high enough" to sell or "low enough" to buy? You can't – and neither can anyone else. Trying to time the market rarely works. A more appropriate strategy is to invest regularly and to diversify your holdings among stocks, bonds, government securities and other vehicles, based on your goals and risk tolerance. Diversification can help protect you against market downturns that primarily affect just one asset class. Keep

in mind, though, that diversification can't guarantee profits or protect against all losses.

- It's always smart to buy investments that have performed well recently. You may have read, in investment prospectuses, that "past performance is no guarantee of future results." These words are certainly true; just because an investment has had a good run recently, it doesn't mean its success will continue indefinitely. You need to evaluate each investment on its own merits and on how well it fits into your overall portfolio.

- International investing is too risky. In today's global economy, it may be more risky not to invest some of your portfolio internationally. U.S. stocks represent less than half of global stock market capitalization – so by stopping at our borders, you are depriving yourself of a world of opportunities. It's true that foreign investments carry some special risks relating to currency fluctuations and political and economic events, but you can help contain this risk by confining your international holdings to a relatively small percentage of your portfolio. A financial professional can suggest the best ways for you to add a global element to your investments.

- You need a lot of money to make a lot of money. Of course, it doesn't hurt to have a sizable amount of money to invest right away. But the world is full of people who started investing with small sums and ended up having enough money to enjoy the retirement lifestyle they had envisioned. If you're just beginning to invest, put in as much as you can afford each month; as your income goes up, increase your investments. As an investor, time is your greatest ally.

Sticking to a consistent investment strategy can help you write your own investment tale – and you can leave the myths to the storybooks.

*This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.**

Fundraising Mark Broken At Wine & Food Fest

Uncork the Power of Giving, the Southwest Florida Wine & Food Fest two-day signature event, reported a record-breaking \$3.2 million was raised for SWFL Children's Charities in support of Golisano Children's Hospital of Southwest Florida. The success of the February event was due to the Grand Tasting and Live Auction that was attended by more than 350 people at the Miromar Lakes Beach & Golf Club in Estero.

Renowned fine art photographer Alan S. Maltz donated four pieces of original artwork. The donation was the centerpiece of The Art of Key West with Alan S. Maltz, one of 40 exciting auction lots that were bid on at the festival. The Alan Maltz auction lot also included transportation and resort accommodations at the Casa Marina Resort – Waldorf Astoria, an exclusive tour of the Alan S. Maltz Gallery on historic Duval Street given by the artist, and premium wines donated by wine fest trustees. The auction lot was won by longtime Southwest Florida resident and community leader Anna "Boots" Tolles for \$17,500.

In addition to the alluring and inspirational works of art, Maltz also gifted 30 of his award-winning coffee table books *Visions of Beauty: Fort Myers, Sanibel & Beyond* and *Journey Through Paradise: Naples, Marco Island, & The Everglades* to Southwest Florida Wine & Food Fest trustees, vintners and vintner dinner hosts. A special edition, large-format 8.75 by 5.75 inch notecard titled *Aquarelle Old Florida*, individually packaged and signed by the artist, was personally created as a gift for all attendees at the event.

Christin Collins, 2017 Southwest Florida Wine & Food Fest co-chair, said, "The partnership with Alan Maltz for this year's Southwest Florida Wine Fest has a lasting impression. Not only did his generosity help us raise \$3.2 million for pediatric health, but also it will be commemorated into the future as the



Aquarelle Old Florida by Alan S. Maltz

winning bidder of his artwork, Ms. Boots Tolles, has donated the artwork back to Cape Coral Hospital and Golisano Children's Hospital. For years to come, patients, families and our caregivers will be able to enjoy Alan's incredible work and take a much needed pause while in our hospitals."

"I am humbled and honored to be part of this dedicated and passionate group of supporters for Lee Health hospitals. It is comforting to know my art may add a sense of peace, inspiration and tranquility to those patients, their families and caregivers through some challenging times," said Maltz.

Maltz's artwork is known for its contemporary, high definition appearance, as well as the spiritual and tranquil feeling that it evokes from viewers. "Aquarelle," a new work from Maltz's Old Florida Collection, was unveiled for the first time at the Southwest Florida Wine & Food Fest.

SWFL Children's Charities has raised \$18.8 million for local pediatric healthcare initiatives over the past nine years.*



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Base Operations At Page Field Among Best

Base Operations at Page Field has been ranked in the top 10 percent of fixed-base operators in a prestigious international survey conducted by *Aviation International News (AIN)*. This is the fifth consecutive year that Base Operations at Page Field has been named as a top fixed-base operator (FBO) by *AIN*. In 2017, the local base operations ranked first in the Fort Myers/Naples area and scored in the top 20 for all FBOs in the Americas. The FBO Survey is conducted annually and asks pilots, flight attendants and dispatchers to provide feedback on the level of customer care at individual, business and general aviation service providers throughout the U.S., Canada, Mexico, South and Central America and the Caribbean.

AIN conducts the survey year-round

online and calculated cumulative averages from 2013 to present for this year's results. The survey asked qualified subscribers to evaluate FBOs they visited the previous year in five categories: line service, passenger amenities, pilot amenities, facilities and customer service representatives.

AIN is a widely respected monthly trade publication covering news, features, special reports, aircraft evaluations and surveys on business, commercial and regional aviation worldwide, and a twice-weekly electronic newsletter. *AIN* has been conducting surveys and providing industry reports on service since 1981.

The Lee County Port Authority operates Southwest Florida International Airport and Page Field in Fort Myers. Page Field provides services to corporate, commercial and private aviators through their business arm, Base Operations at Page Field. For more information, visit www.BaseOperationsFMY.com.*

Attorney Named To Inaugural Board

The law firm of Henderson, Franklin, Starnes & Holt, PA recently announced that Attorney Shannon Puopolo has been named to the inaugural Lee County Bar Association Foundation Board of Directors. The Foundation was recently created to increase its impact in the community by providing scholarships, education, aid and support to the indigent and underprivileged youth.

Puopolo focuses a large portion of her practice handling business and real estate litigation, including association law matters, title insurance claims, foreclosure proceedings and residential and commercial eviction proceedings. She also handles trust and estate litigation, creditors' rights in bankruptcy, and partnership disputes. Puopolo is an avid blogger on the Legal Scoop on Southwest Florida Real Estate blog, sharing helpful information on condominium and association related litigation issues.

In the community, Puopolo enjoys her role helping local youth, serving as a student mentor for the Take Stock in Children Program and serving on the Alumnae Panhellenic of Lee County's Scholarship Committee. She is a member of the Lee County Bar Association's (LCBA) Board of Directors, chairperson of its 2017



Shannon Puopolo

photo provided

Golf Tournament Committee and past president of the LCBA's Young Lawyer's Division. Puopolo is also a member of the Guardian ad Litem Foundation - 20th Judicial Circuit Board of Directors.

Puopolo has been named by *Florida Super Lawyers* magazine as a "Rising Star" in the field of business litigation every year since 2012. She received her bachelor of arts degree from Washington University in St. Louis in 2005 and her law degree from the University of Miami School of Law (JD, cum laude) in 2009.*

Ward 6 Open House Meetings

Fort Myers City Councilwoman Gaile Anthony has announced the second quarter schedule for her Ward 6 open house meetings. The next three Wednesday meetings will be held April 19, May 17 and June 21 from 4 to 7 p.m. All are welcome to attend.

Meetings are held at Fort Myers

Fire Station No. 5 at 9700 Treeline Avenue in the community room. Unless otherwise scheduled, Ward 6 open house meetings will continue on the third Wednesday of every month.

Councilwoman Anthony encourages citizens to bring concerns and comments to the drop-in meetings. For more information, contact Councilwoman Anthony at ganthony@cityftmyers.com, 321-7006 or 980-0575.*

From page 1

Heavenly Musical

best of every note. I am stunned by her talent.

Chasdon Ross Mike is brilliant as Judas, a young fanatic who is watchful and isolated right from the start. He has the first song, *Heaven on Their Minds*, and in it he complains that Jesus has been caught up in His own fame and rages over the fact that Jesus won't listen to him. Jarrett Jay Yoder gives a strong performance as a restrained Jesus with an unforced charisma. His vocal range is amazing and he reaches the heights of anguish and yearning without going overboard. Ilana Gabrielle is a soulful Mary Magdalene with a beautiful voice. She nails *I Don't Know How To Love Him and Could We Start Again, Please?* Benjamin Neumayer is very strong in the role of Pilate and Hassan Nazari-Robati almost steals the show in the role of the flamboyant King Herod during

the "walk across my swimming pool" motif for *Herod's Song*. The entire ensemble is terrific including TJ Bolden with his deep bass voice as Caiaphas, and Christopher Lee Viljoen in the tenor role of Annas.

The costumes are impressive throughout ranging from authentic to outlandish, and the choreography is exceptional. Lighting and sound also help make everything work to perfection. This musical still packs a punch with numbers like *What's The Buzz*, *Hosanna* and, of course, *Superstar*. Opening night, the audience could not have been more pleased.

I highly recommend you make plans to see *Jesus Christ Superstar*, playing through May 14 at Broadway Palm, Southwest Florida's Premier Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers. Tickets are on sale at the box office, online at www.BroadwayPalm.com and by calling 278-4422.*



From left, Mayor Randy Henderson, Chad Thornton and Derrick Diggs

photo provided

City Employee Of The Year

Chad Thornton, an 18-year officer with the Fort Myers Police Department, has been named the Employee of the Year by the City of Fort Myers. The award was presented at the April 3 City Council meeting.

Thornton's peers nominated the officer for the award because of exemplary performance during a critical incident. In March 2016, Thornton negotiated a peaceful resolution of a potential suicide on the Edison Bridge.

"The male was agitated and wouldn't speak to anyone," said FMPD Chief Derrick Diggs. "After consistent attempts and a never-give-up attitude, Officer

Thornton was able to begin a dialogue with the male. Officer Thornton gained his trust through understanding and being supportive and encouraging."

In addition to recognition at the Council meeting, Thornton received a check for \$1,000 as part of the honor.

The City of Fort Myers' Employee Recognition Program was implemented in 2011 to recognize employees who have made significant contributions, realized outstanding accomplishments, and provided excellent customer service. The city recognizes three employees quarterly, one each from the fire department, police department and general workforce. At the end of the year, one of the 12 quarterly honorees is named Employee of the Year.

Thornton will celebrate his 19th anniversary with FMPD on Sunday, April 16.*

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Twins’ Best Season Start In 10 Years Is A Stark Reversal Of A Year Ago



by Ed Frank

Let’s not jinx the Minnesota Twins, but one week into the 2017 baseball season, the Twins had the best record in the American League at 5-1 (.833). Remember, this is the team that had baseball’s worst record last season, losing 103 games and winning just 59 (.364). What a difference a year makes as this time last year the Twins were in the midst of a miserable 0-9 start. After winning two of three games last weekend from the Chicago White Sox, the Twins moved on to Detroit for another three-game road series that began Tuesday. It’s no secret that pitching – actually lousy pitching – was the prime reason for the team’s downfall in 2016.

Minnesota’s team pitching ERA of 5.08 a year ago was ranked 29th of baseball’s 30 teams. Through the first six games this year, the team ERA of 2.04 was the Major League best. The Twins outscored their opponents 30-13 during that stretch. In winning his first two starts, starter Ervin Santana had a microscopic 0.69 ERA. And the bats came alive during that initial six-game stretch with third-baseman Miquel Sano batting .350 with eight RBIs and shortstop Jorge Polanco recording a .389 average. The baseball season is a long 162-game grind and those first six games represent only 3.7 percent of the season.

But it was the best season start for the Twins in 10 years. **Miracle Top Prospect Injured In Home Opener** The Fort Myers Miracle 2017 home opener last weekend began with an auspicious start when one of the team’s top prospects, 19-year-old infielder Luis Arraez, was carted off the field after stumbling over first base in the seventh inning. The Miracle went on to defeat Jupiter, 5-2, before more than 7,000 fans at the Century Link Sports Complex. Arraez, hit .347 last year for the Cedar Rapids Kernel, tops in the Midwest League. Promoted from Low A Cedar Rapids to High A Fort Myers, Arraez began the new season hitting .385 in his first three games before last Saturday’s injury. He is ranked No. 28 in the Twins top prospect list.

Two other top 30 prospects on the current Miracle roster are left-hander Lachlan Wells (ranked 26th), who posted a 6-4 record last year with Cedar Rapids; and left-hander Randy Rosario (ranked 27th), who is returning to the Miracle for his second season. He was converted from a starter to a reliever at mid-season. He is on the Twins 40-man roster.

Following the home openers last weekend, the Miracle are on the road this week at Tampa and Daytona before returning home Monday for a four-game series with the new Florida Fire Frogs, an Atlanta Braves

Class A team. The Fire Frogs replace the Brevard County Manatees in the Florida

continued on page 23

Miracle Opening Day Roster

The Fort Myers Miracle has announced its 2017 Opening Day roster led by the return of manager Doug Mientkiewicz. The roster features three players on MLB Pipeline’s top 30 Minnesota Twins prospects.

“We are excited about the group of guys we have currently and equally excited about the players we should have throughout the course of the summer,” says Mientkiewicz. “We are looking forward to watching them compete and develop.”

Left-handed pitcher Lachlan Wells stymied Midwest League batters over 71.1 innings with Cedar Rapids in 2016. The 5’8” Australia signee posted a 6-4 record in 12 starts with a 1.77 ERA.

Left-handed pitcher Randy Rosario returns for his second season in Fort Myers after making 16 starts last year. A member of the Twins 40-man roster, Rosario made the mid-season switch from starter to reliever and will take on his new role in 2017.

Nineteen-year-old infielder Luis Arraez obliterated the Midwest League for Cedar Rapids a year ago. His .347 batting average paced the league as he racked up 165 hits in just 114 games. Miracle Executive Vice President and Chief Operating Officer Ben Hemmen is prepared for a historic year in Fort Myers.

“As our organization enters its 25th anniversary season, we celebrate all of the amazing players that have put on a Fort Myers uniform for the Minnesota Twins. The players on our 2017 team have the same opportunities as David Ortiz, Torii Hunter, Joe Mauer and Brian Dozier. We look forward to supporting them while they are here and watching them grow into future Twins.”

The 25-man roster is set with 12 pitchers, two catchers, seven infielders and three outfielders.

To view the complete rosters and stay up to date on upcoming promotional nights, follow the Miracle online at www.Miraclebaseball.com.

For further information or questions regarding the 2017 25th anniversary season, call the Miracle offices at 768-4210.*



The Nimrod team is a Premier Sponsor for the 2017 tournament

photos provided

Sponsors Named For Tarpon Tournament

The 6th annual “Ding” Darling & Doc Ford’s Tarpon Tournament recently named its sponsors for the May 19 event.

Tournament sponsors for 2017 include: Title Sponsor: Doc Ford’s Rum Bar & Grille; Premier Sponsors: Diversified Yacht Services, Nimrod, Raiser’s Edge; Presenting Sponsors: Mark and Gretchen Banks; Platinum Sponsors: Bella Signs & Designs, Congress Jewelers, *Florida Weekly*, Mabry Brothers, Inc., Suncoast Beverage Sales; Gold Sponsors: Senator Lizbeth Benacquisto, Captiva Diva, Fort Myers Marine, The Historic Bait Box, Island Inn, *Island Sun*, Jensen’s Marina, John Grey Painting, Law Office of Janet Strickland PA, Lee County Sports Development, Media Source, *Nautical Mile Magazine*, On Island, Organized Chaos, Trophy Case of Fort Myers, VIP Realtors, Whitney’s Bait & Tackle, Don and Ann-Marie Wildman; Silver Sponsors: Anisa Jewelry Designs, Bailey’s General Store, Dex Imaging, Inc., Fort Myers Brewing Company, Gresham Family, Gulf Star Marina, Lighthouse Recovery Institute, Misty Wells’ “Let’s Take It Outside,” Must Do Visitor Guides & MustDo.com, Sanibel Captiva Community Bank, Sanibel Gear, Semmer Electric/Bonita Bill’s Waterfront Café, and Wilbur Smith Attorneys at Law.

The “catch, care and release” tournament is hosted by “Ding” Darling Wildlife Society-Friends of the Refuge (DDWS). Proceeds will benefit wildlife and conservation education at JN “Ding” Darling National Wildlife Refuge on Sanibel Island.

Because the tournament pays out 100 percent of the entry fee (\$500 per boat of up to four) as tournament awards, DDWS raises money exclusively through sponsorships and a silent auction during the captain’s dinner on May 18 at Doc Ford’s Rum Bar on Fort Myers Beach. The tournament pays homage to the refuge’s tarpon legacy: The first recorded tarpon caught on a rod-and-reel happened in Tarpon Bay in 1885.

“The refuge system has a long tradition of mindful fishing, and this event keeps in stride with the refuge’s mission to educate about ethical sportsmanship and resource conservation,” said DDWS Executive Director Birgie Miller. “We thank all of our wonderful sponsors for helping us bolster refuge programs and research to balance federal budget shortfalls.”

Last year, DDWS raised \$55,000 for the refuge as a result of sponsorships, donations and auction proceeds. In its five years of existence, the tournament has raised nearly \$250,000.

For more information on the tournament, visit www.dingdarlingtarpontourney.org. To learn about becoming a sponsor or donating an auction item, call Birgie Miller at 292-0566.*

SPORTS QUIZ

1. Who was the first back-to-back MVP winner in National League history?
2. Entering 2017, who had the best career regular-season winning percentage (minimum of two seasons) of any Houston Astros manager?
3. In 2015, Brandon Marshall of the New York Jets became the first NFL receiver to have six 100-catch seasons. Who had he been tied with at five?
4. Villanova’s men’s basketball team set a record in 2016 for the biggest margin of victory in Final Four history (44 points). What had been the biggest margin?
5. In 2016, Florida’s Jaromir Jagr moved to second on the NHL career-scoring list. Who had been No. 2?
6. Who was the last woman before Katie Ledecky in 2016 to sweep the 200-, 400- and 800-meter freestyle swimming events at one Olympics?
7. How many consecutive Ryder Cup teams has golfer Phil Mickelson been a part of?

ANSWERS

1. Ernie Banks of the Chicago Cubs, in 1958-59. 2. Larry Dierker had a .556 winning percentage (435-348) from 1997 to 2001. 3. Andre Johnson and Wes Welker. 4. Cincinnati (1963) and Michigan State (1979) each won a Final Four game by 34 points. 5. Mark Messier, with 1,887 points. 6. American

Debbie Meyer, in 1968. 7. Eleven consecutive teams.

Book Review

The Sleepwalker



by Di Saggau

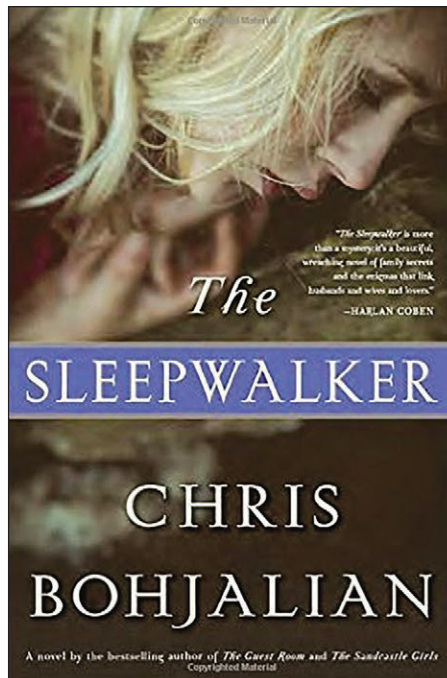
Chris Bohjalian's thriller *The Sleepwalker* has several provocative ingredients, including sex, secrets and the mysteries of sleep. The novel is dark and features two beautiful icy

blondes reminiscent of those found in many Hitchcock films. The story centers on the death of 47-year-old Annalee Ahlberg, the mother of two and a chronic sleepwalker. Evidence leads us to question how she ended up drowned in a river near her Vermont home.

Annalee, is what's known as a "sleep sexer." The things you can learn while reading a good book. She rises from her sleep, and when her husband isn't home, she wanders into the neighborhood. Her husband Warren was at a conference the night she disappeared. So who murdered Annalee is the question we ask of the author.

The book is mostly narrated by Annalee's 21-year-old daughter Lianna, the other icy blonde. The novel tells the tale of a grieving family searching for answers. Warren hides his pain with alcohol. Paige, Annalee's younger daughter, spends her days looking for her mother, and Lianna starts a creepy relationship with a 33-year-old detective who is investigating her mother's disappearance.

As she peels back the layers of mystery surrounding Annalee's disappearance, she wonders why the detective knows so much about her



mother. Even though Lianna suspects her mother and the detective were having an affair, she still gets involved with him.

Bohjalian steeps his drama in the world of sleepwalking and the science of the disorder. In an interview, he said he was surprised to learn in one study that in nine cases of sleep-related violence, there were four acquittals when sleepwalking was the defense.

Sleepwalking is a condition experienced by millions, and Bohjalian dives deep into this world in his new mystery. Like many of his novels, this one ends with a surprising and most satisfying twist. Best selling author Harlan Coben said, "*The Sleepwalker* is more than a mystery: it's a beautiful, wrenching novel of family secrets and the enigmas that link husbands and wives and lovers. And then that ending? Devastating and perfect." ✨

"As we look at education reform, this is a very simple way to improve test scores, improve student health," Portantino said. "All the data show attendance increases, graduation rates increase, drug rates fall, automobile crashes go down. With all these positive benefits, it seems to me that it would be irresponsible of us not to move start times. As we look at education reform, this is a very simple way to improve test scores, improve student health."

What happens in California is important for education in general, as California is often considered a leading state in educational reform and sets the pace and standard for other states looking to make changes.

Despite these many positive benefits from having a later start time for school, opposition to this issue has been heard from both parents and school districts. The shift could be very costly as districts would need to negotiate the changes as part of teacher contracts, bus transportation costs could rise as well. Clearly, at least initially, there would be conflicts with after-school activities and sports scheduling. Teams that normally

play games right after the traditional school day may miss more class time in a later model. Practices and activities would be scheduled later into the evening, thus pushing family and homework time even further into the night.

So while it seems that a move to a later start time for adolescents has clear physiological, educational and possibly psychosocial benefits, it also could create myriad other concerns to address.

Districts will need to study this issue very carefully before they make such a change. Following the research from what happens in California may provide a good model for other states' school systems to follow.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication. ✨

Middle School 5K

Cypress Lake Middle School will hold their first 5K Run/Walk at Lakes Regional Park on Sunday, April 23 at 8 a.m.

Officials at the local middle school are raising funds to support students as they strive for success in academics,

arts and athletics.

Post-race, there will be a raffle including a hotel stay, dinner gift cards, a booklet of Eager Beaver Car Wash coupons and more. Also, awards will be given to the overall male and female winners, and to the top three males and females in various age groups.

Lakes Regional Park is located at 7330 Gladiolus Drive in Fort Myers. ✨

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, What do you think about the later school times that are being talked about for high school kids? Is there any proof that they help? We already

have so many scheduling problems at our house, so I want to know if this is something that is really good for my kids and if I should find a school that starts later.

Brandi K, Cape Coral

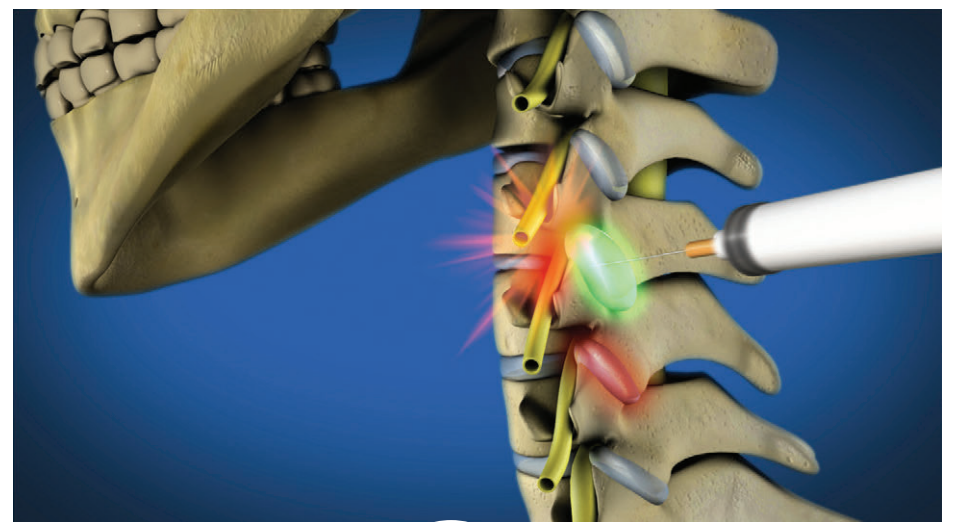
Brandi,

This is a complex issue. It's clear from the research that later start times are better for adolescents, but there are many other concerns. As we know for many generations, being an "early bird" was considered a positive behavior, but as more has been discovered about adolescent sleeping patterns, this general wisdom is being debated. Many districts are now questioning why their high schools have such early start times.

The American Academy of Pediatrics, in a 2014 report, urged high schools and middle schools nationally to aim for start times that allow students to get an optimal 8.5 to 9.5 hours of sleep each night. Last June, the American Medical Association issued a policy statement encouraging schools to start no earlier than 8:30 a.m. and last month, the *Journal of the National Sleep Foundation* issued findings that start times later than 8:30 a.m. improved attendance and graduation rates.

Some school leaders have been persuaded by growing evidence that more sleep for teens translates into better academic performance, fewer car crashes and less depression. In fact an Emerson Middle School in Davis, California with a later start time reported that morning attendance improved, and tardies fell in the first semester of implementation by nearly 25 percent. Students are reportedly eating better and say they are more relaxed during the morning hours.

California State Sen. Anthony J. Portantino said he believes there is enough evidence in the medical and sleep arenas to merit changes. Last month, Portantino introduced Senate Bill 328 to shift start times to no earlier than 8:30 a.m., for middle and high school students statewide.



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From left, campaign chairpersons Rob Wilson, Lou Pontius, Gay Thompson, Linda Uhler and Tom Uhler photo provided

United Way Campaign Raises Record Amount

The United Way of Lee, Hendry, Glades, and Okeechobee has concluded the 2016-2017 campaign by exceeding the campaign goal of \$9,656,833. This year is United Way's 60th annual campaign.

The announcement was made at the United Way Main Campus by the six United Way Campaign Chairs: Linda Uhler, Gay Thompson, Lou Pontius, Larry Hart, Tom Uhler and Rob Wilson. They announced that local residents and companies contributed a record amount, \$9,702,156 to the campaign which is a 3.3 percent increase.

The announcement was made at the March 31 meeting of the United Way Board of Directors. At the goal announcement, Tom Uhler said, "Not only has our United Way made goal, we have exceeded the campaign goal for the 24th consecutive year by raising over \$9.7 million. Our extraordinarily generous community has done it again."

"To all of you who gave, we send our most sincere thanks. We are so proud to be a part of a community where people really care about each other," said Linda Uhler.

"Because of your generosity, hungry families will receive food, veterans will find support through Mission United, abused children will find safety and shelter, older persons can find assistance to remain in their own homes, and thousands of lower income families can get their taxes done free through VITA. You give so others could have a better life," said Larry Hart.

Gay Thompson said, "Achieving our campaign goal means that the 85 United Way Partner Agencies and over 225 programs that United Way supports will receive their full allocation of funding. It means that United Way Partner Agencies and programs will be able to continue to serve people in need

in our community."

"All money raised by our United Way stays here in our community, and our United Way keeps administrative and fundraising cost extremely low, returning 90 percent of what is raised to the local agencies and programs. Our United Way is a Four-Star Charity, the top rating on Charity Navigator. Charity Navigator is the largest and most utilized charity evaluator in America," said Rob Wilson.

"Once more, a sincere thank you to all of the individuals, companies, communities and partner agencies for your generous contributions. You proved again what an incredibly caring community this is," Lou Pontius concluded.

The top local contributing companies and the top communities are as follows:

Top United Way Company Contributors

- 1. Publix Super Markets, \$1,833,276
- 2. Bonita Bay Group, \$472,416
- 3. Chico's FAS, \$250,000
- 4. Enterprise Holdings, \$241,566
- 5. LCEC, \$208,335
- 6. Lee Health, \$177,783
- 7. Lee County School District, \$157,939
- 8. FineMark National Bank & Trust, \$140,073
- 9. BB&T Oswald Trippe & Company, \$114,689
- 10. Lee County Government, \$91,195

Top United Way Community Contributors

- 1. Bonita Bay, \$770,991
- 2. Sanibel-Captiva \$438,929
- 3. Pelican Landing, \$234,136
- 4. The Brooks, \$233,463
- 5. Mediterra, \$229,638
- 6. Fiddlesticks, \$158,970
- 7. Grandezza, \$106,161
- 8. Gulf Harbour, \$100,121

Many United Way partner agencies were represented at the goal announcement. Richard LeBer, president and CEO of Harry Chapin Food Bank said, "The United Way is such an amazing resource to our community and a great partner and



Tom Uhler speaks at the goal announcement

supporter of the Harry Chapin Food Bank. Over the years, they have helped us source food, expand mobile pantries and feed many hungry people. Last year, with the assistance of the United Way, we were able to provide approximately 10.8 million meals in Lee, Hendry and Glades counties. Your contribution to the United Way helps make that possible."

"I have one word to describe the impact of the United Way Campaign – hope. Every day is more positive and everything is possible when there is hope. Hundreds of children and their families are helped daily because of the generosity of the community. Through the United Way, lives are changed and dreams are realized. There is no greater joy than the gift of hope," said Carol Conway, chief executive officer of Child Care of Southwest Florida.

Jan Kerlin, executive director of the Alvin A. Dubin Alzheimer's Resource Center said at the announcement, "The Alvin A. Dubin Alzheimer's Resource Center is proud to be a United Way Partner Agency as we help many families in our community walk the difficult path that is Alzheimer's disease."

All money raised in the United Way Campaign stays in the local community to help support the local human service network. United Way partner agencies and initiatives like Alvin A. Dubin Alzheimer's Resource Center, Child Care of Southwest Florida, Children's Advocacy Center, Harry Chapin Food Bank, LARC, Mission United, and United Way 211 serve a diverse range of needs in our community such as nurturing children and youth, strengthening families and meeting critical needs such as helping the elderly and disabled live independently, and empowering communities by bringing health and human services to neighborhoods.

In addition to raising funds for human service organizations in our community, the United Way promotes partnerships and collaborations among agencies and initiatives, helping them to work together focusing on issues and solutions that continue to improve lives.

The United Way of Lee, Hendry, Glades, and Okeechobee has raised and distributed over \$157 million since it was established in 1957. For more information, call 433-2000 or visit www.UnitedWayLee.org.✱

Before You Go, Leave Food For Annual Drive

Summer is coming, school will be out and the need for food assistance will be greater than ever. Letter carriers in Lee County are gearing up for the 25th annual National Letter Carrier Food Drive on Saturday, May 13.

Northerners and seasonal residents who are returning home prior to May 13 are encouraged to check their pantries for unopened food items and drop off their contributions at any Post Office.

Businesses can set up collection boxes for employees and customers who may not be able to leave food by

their mailboxes on May 13. Virtually any kind of food may be donated in unopened, nonbreakable containers. Items especially in need are peanut butter, tuna, rice, beans, and canned meats, fruits, vegetables and soups.

Most food collected in Lee County will be distributed by the Harry Chapin Food Bank through its participating agencies in the county. All food collected in food drives is distributed to participating agencies at no cost.

The nation's largest single-day food drive is called Stamp Out Hunger. This is the one day when letter carriers collect non-perishable food that has been left by mailboxes.

For more information about the letter carrier food drive and early food drop-off, contact George Sciascia, Letter Carriers' Food Drive coordinator, at gsciascia@comcast.net or 218-1147.✱

Doctor and Dietician

Three Treatments That Ultimately Worsen Pain



by Ross Hauser, MD
and Marion Hauser, MS, RD

Did you know some of the most common treatments for pain can actually lead to more long-term joint damage? Corticosteroids, NSAIDs and RICE (Rest, Ice, Compression, Elevation) are standard treatments for musculoskeletal pain included in this category.

Corticosteroids are given as injections or oral medications, which may temporarily reduce pain and inflammation. However, this can be problematic when the pain signal is turned off yet a person continues to engage in full sports and activities on an injured joint, accelerating joint damage. Additionally, cortisone itself is degenerative to tissue, including cartilage.

Non-steroidal anti-inflammatories (NSAIDs), such as ibuprofen, inhibit the

body's repair processes. NSAIDs are among the most commonly used drugs in the world for pain, yet have the potential for significant side effects to the liver, stomach, gastrointestinal tract and heart. Additionally, they have no beneficial effect on articular cartilage, rather, they accelerate osteoarthritis, the very disease for which they are most often used. Both cortisone injections and NSAIDs inhibit the healing process, making re-injury much more likely in the future.

Rest, ice, compression and elevation (RICE) have long been used in the treatment of sports injuries. However, these modalities hinder the natural inflammatory healing cascade. Inflammation boosts blood flow to the area as the body tries to repair the injury. RICE encourages stagnation of blood flow to the already blood-poor tissue structures, decreasing healing ability.

Treatments such as ultrasound, heat, acupuncture and massage aid in the healing process by encouraging blood flow. However, if the injury has not healed after a few weeks, stronger treatments to repair the weakened tissue – such as regenerative injection therapy – may be the next step. Seeking regenerative treatments that offer healing at the source of injuries can enable a speedy return to normal activities without unnecessary long-term risks.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.**

Chronic Pain Workshops

Would you like to learn how to better manage chronic pain conditions such as arthritis, fibromyalgia, back pain, headaches and more?

Lee Health will hold a free six-week workshop entitled Chronic Pain Self-Management on Fridays, beginning on Friday, April 28 from 9 to 11:30 a.m. at The Sanctuary. Chronic Pain Self-Management is a research-based program developed by Stanford University.

Information presented in the workshop can help one become empowered to improve his or her quality of life. Learn how to more easily manage medications; understand the benefits of exercise; manage symptoms of stress, pain and fatigue; and make smarter decisions related to healthy eating. Participants will also receive a copy of the book *Living a Healthy Life with Chronic Pain*.

The sessions will be held in The Sanctuary's second floor conference room at 8960 Colonial Center Drive in Fort Myers. Seating is limited and registration is required. Call 343-9264 for more information.*

From page 20

Ed Frank

State League.

Everblades Begin Kelly Cup Playoffs

The Florida Everblades began their quest for the Kelly Cup Championship this week against Orlando in a best-of-seven series.

Florida, which completed the regular

season with the best record in the ECHL Eastern Conference at 46-21-2-3, faces Orlando tonight, Friday, in the second game of the series that began Wednesday. The puck drops at 7:30 p.m. at Germain Arena.

Games three, four and five (if necessary) will be at Orlando. If games six and seven are necessary, the series shifts back here to Germain on Tuesday, April 25 and Wednesday, April 26.*

From page 1

National Drill Meet

district and state level competitions and were chosen through a resume process to ensure only the best of the best were accepted to compete.

South Fort Myers High School JROTC National Team placed fifth in the Armed Platoon Exhibition, fourth in the Armed Dual Exhibition and eighth in the Armed Exhibition Individual.

Armed exhibition drills are routines that involve complex marching sequences with demilitarized rifles.*

Free Autism Screening

Golisano Children's Hospital of Southwest Florida, in partnership with Ronald McDonald House Charities® of Southwest Florida, offers a free monthly autism spectrum disorder screening for toddlers 18 months to five years of age.

The next screening on the Ronald McDonald Care Mobile will be held on Friday, April 21 from 9:30 a.m. to 2 p.m. at the Sanctuary Outpatient Center, 8960 Colonial Center Drive, in Fort Myers.

It is estimated that one in every 68 children is diagnosed with some form of Autism Spectrum Disorder, making it more common than childhood cancer,

juvenile diabetes and pediatric AIDS combined.

Medical consultants for the project stress that an early diagnosis can make a vast difference for toddlers and their families. They say early intensive behavioral intervention can make an immense difference not just in the development of the child, but in their families as well.

The ASD screening is conducted by the Golisano Children's Hospital of Southwest Florida. The screenings are administered by an Advanced Registered Nurse Practitioner, who has extensive training and experience in typical child development and developmental disorders.

A physician referral is not required. To schedule a screening, call 343-6838.*

Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

Our son invited my husband and me to visit for the holidays. We were very pleasantly surprised and said yes without hesitation. In retrospect, maybe we should have given it more thought, but we are perpetual optimists.

We arrived and were treated cordially and I thought things were going nicely – but I was wrong.

On the third day, I was going downstairs when I heard my 13-year-old granddaughter say to her mother, "Why do you hate grandma so much?" I should have stayed on the stairs and listened, but I continued down and as soon as they heard me, their conversation stopped.

We were terribly disappointed when we first met the woman of my son's choice and hoped it would never come to marriage. But when they did marry, I have tried my best to be as accepting as I can and even went to counseling to help in the process.

My son has positively not helped in any way to make things better. He just withdraws and hopes that time will resolve all of the problems. My husband is very hurt, but he is not a problem solver by nature and does not even know where to start.

Next year will be different I know; I already have it planned. I want to open our

home to others who may also not want to visit their families but don't know what to do. On second thought, I might suggest we go on a cruise and spend the holiday time with total strangers. What do others do?

Rosalee

Dear Rosalee,

I am sorry that your relationship with your daughter-in-law is so difficult, and difficult for so long by judging the age of your granddaughter.

I have found there are always two sides to every story, so I can state with assurance that both you and your daughter-in-law are responsible for the condition of your relationship. It does sound like you have tried over the years to mend that relationship.

I do not know what your daughter-in-law has done, nor do I know what your son has done or not done. However, if you have tried your very best to establish a positive relationship and your daughter-in-law and son are not interested in developing a relationship, perhaps less time together is the next alternative. You cannot change other people but you can change your own behavior.

Also, sometimes the best family relationships are those at a distance. Before you put more distance between you and your son, and his family, consider all of the alternatives and the possible consequences.

Pryce

Dear Rosalee,

Your suggested solutions are at least worth a try.

In-law problems seem to be everywhere. Those people who have a loving relationship should consider themselves truly blessed. Your son should be the one to help the situation, but if he just looks the other way nothing will get better and it will all probably get worse. You have done your best but unless the others see a problem or refuse to see a problem you can't solve it by yourself. As hard as it seems, you will just have to make the most of a very difficult situation.

Please make long range plans for your own care because I do not think your son and his wife will ever come to your assistance.

Lizzie

Lizzie and Pryce's email address is momandmeaging@hotmail.com.*

dearRPharmacist

I Can't Unsee The Damage Done By Sarin



by Suzy Cohen, RPH

Dear Readers: When the news broke of the chemical attack on Syrian civilians and babies, we were all disturbed and shocked that a weapon of mass destruction was unleashed. Sarin is its name, and it's 26

times more potent than cyanide.

Being a curious sort, I looked it up to see what the mechanism of action was, as well as the antidote to Sarin. With radiation, research supports greens (dulse, chlorella, spirulina etc) or perhaps some iodine supplements. None of that works for Sarin though.

I did something I shouldn't have.

People who are empathetic should not be allowed to google images of such an attack! I can't unsee the damage done by Sarin and other nerve agents. Ugh. This neurotoxin was outlawed in the 1990s. It's in the same Schedule 1 category like LSD, heroin, marijuana, GHB and Ecstasy. It doesn't work like those, it's just categorized with them.

Sarin blocks an enzyme in the human body called acetylcholinesterase (ACHE) that normally breaks down your memory neurotransmitter called "acetylcholine." So some ACHE is good. It supports earning and memory. In fact, memory

supplements always put ingredients in their formula to gently block ACHE, so again, a bit more acetylcholine is fine. Too much will kill you.

Sarin shuts down ACHE completely, so acetylcholine levels skyrocket within minutes. This is the same mechanism of action that bug spray and malathion utilizes. Most insecticides block ACHE, so Sarin is essentially just human insecticide. If you walk by it and inhale it, you wouldn't even know because you can't see it or smell it. Death occurs within 5 to 10 minutes.

But how you wonder? When acetylcholine increases, your muscles cramp. Like most pesticide poisonings, SLUDGE (salivation, lacrimation, urination, defecation, gastrointestinal distress then emesis or vomiting, occurs. Twitching and jerking occurs, then the lungs cramp, paralyzing the airways. It's death by chemical asphyxiation.

Hosing off the children with water reduces skin exposure slightly. I still see those images from the news of babies being hosed off and thrown into a truck. The watering down of people will certainly dilute the poison and possibly prolong life, but then you have to ask yourself, what kind of life will that person now lead? Neurological consequences cannot be healed.

A total recovery is possible if exposure is low, not a lethal dose. And, mainly, if recognition occurs. Remember Sarin (and many nerve gases) are completely colorless and odorless, and you could walk right past someone who had a little on their clothes 30 minutes ago, and it will poison you.

Survival requires the antidote which is usually atropine (but sometimes pralidoxime). These are drugs classified as "anticholinergics." Atropine is a drug in

the U.S., used to treat pesticide poisoning, tachycardia, overactive bladder and pupil dilation (yes, it comes as an eye drop). FYI, many herbs and over-the-counter medications have similar, but weaker anticholinergic properties. So now you're better informed as you watch the news, and here's hoping we never face that kind

of brutality in our country. May those who perished rest in peace.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✧

Eden Energy Medicine

EEM First Aid: Ileocecal Valve Explained



by Karen L. Semmelman, Certified EEM, JD, AAML (03-01)

In the column last week, you learned how to fix an upset stomach with the ileocecal valve. So, what is it and what does it do? The valve rhythmically

opens and shuts to process waste from food, hormones and chemicals that continually move through the bloodstream. If the valve's rhythm is imbalanced, more significant health problems may present themselves since the toxins are backing up into the body's systems. One may experience lower backache, bronchitis, eczema, digestive ongoing discomforts and toxic buildup in the kidneys – all of which Donna Eden has seen resolved by resetting the ileocecal valve (see page 283 of her *Energy Medicine* book). That's not to say that this will always happen, but the rebalancing of this valve has dramatic

impact and helps reset the other valves in the body as well. When testing clients after resetting the valve, I have seen dramatic shifts. So try the exercise described last week to clear this valve. If that doesn't seem to work and you still have discomfort in this area, try this:

1. Lay down. Push the fingers of both hands deeply into the ileocecal valve (inside the right hip bone, per last week's column) while slowly lifting the right knee toward the trunk of the body until you reach a 90-degree angle.

2. Slowly straighten the right leg while continuing to push in on the valve. Hold for three breaths.

3. Release and do the three thumps of the 5-Minute Routine (kidney 27 points), thymus at the middle of the sternum and spleen (on the side of body four inches below the middle of the arm pit).

There is another valve that is referred to as the Houston valve, which is located on the left side of the body. By doing the exercise described last week, but placing one hand on the left side and one hand on the right, you will reset this valve as well. This is a great exercise to do daily.

If you have a question, email Karen at SemmEnergyCenter@gmail.com or visit www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✧

Making Every Day Count

submitted by Samira K. Beckwith

So often, we take for granted the many choices and options that are available to us every day, from matters such as where to eat lunch to deeply important decisions regarding friends, careers and relationships. Most of us share similar goals, like living each day to the fullest and celebrating life with our loved ones. When able to make these choices, we feel empowered and have hope that we can plan for our future.

A very important but often overlooked component of our planning is related to our health care needs and wishes. In the event that we could no longer speak for ourselves, we must be sure that our most personal choices regarding our medical care would be honored.

One aspect of thorough health care and life planning includes learning more about options in life's closing chapter. It's important to overcome common misperceptions, like the idea that people don't live long with hospice care. In fact, a study from the *Journal of Pain and Symptom Management* showed that those with hospice care lived almost two months longer than patients who only received standard care. By embracing a comforting choice, a person may be able to enjoy even more special days with



Samira K. Beckwith

photo provided

loved ones.

Each April, as part of National Healthcare Decisions Day, Hope Healthcare offers everyone in our community to have important discussions about advance care planning. As a local leader in helping people plan ahead and make their own choices, we have distributed tens of thousands of copies of Five Wishes – an easy-to-use guide that documents desires for future medical care. Five Wishes is considered a legal document in Florida and 41 other states

and, in most cases, does not require the participation of a lawyer or notary.

Using this simple booklet, you can provide essential information for your family members and physicians, such as:

1. Who you designate to make medical decisions for you if you are unable to make them
2. The kind of medical treatment you want or don't want
3. How comfortable you want to be
4. How you want people to treat you
5. What you want your loved ones to know

As a community service, Hope Healthcare offers copies of Five Wishes at no charge. Call 482-4673 or go to www.agingwithdignity.org/five-wishes/redeem and use promotional code CHOICES After completing the form, be sure to share copies with your family members, professional advisors, clergy, doctors and other care providers.

I encourage everyone to access this helpful tool to begin important conversations with loved ones and to make informed decisions for your future. By making these choices as part of an overall plan for living well, you can live every day just as you wish.

Samira K. Beckwith is president and CEO of Hope Healthcare, a not-for-profit health care organization offering programs and services in Lee, Charlotte, Collier, Hendry and Glades counties.✧

From page 1

Music Festival

and tables at a premium location near the stage as well as receive one meal and two drink tickets to be used for beer or non-alcoholic beverages.

This year, event attendees can purchase barbecue from one of the many competitive teams from across the South as well as local sweets from various vendors. Enjoy music from *The Voice* competitor Sheena Brook, the Nowhere Band, The Blu-Tones, Strange Arrangement, The Electric Mud and Memphis Motown Experience. Shop from one of the many retail vendors. There will also be a fun-filled Kid Zone.

Smoke on the Water Barbecue Competition is a sanctioned competition of the Florida BBQ Association that includes professional teams from all across the Southeast firing up their smokers to vie for the grand champion title. As a sanctioned contest, Smoke on the Water is a qualifier for the Jack Daniels Invitational Draw and the FBA's new championship contest, the Sonny's Smokin' Showdown Invitational. The local festival will showcase an authentic experience of craft barbecue, beer and bands.

For more information, visit www.sbdac.com/smoke-water-2017/ or www.sbdac.com.✧



Zucchini and Tomatoes with Edamame

photo courtesy Fresh From Florida

**Zucchini and Tomatoes with Edamame**

- 1 large zucchini, diced into medium-sized pieces
- 2 medium tomatoes, diced into medium-sized pieces
- 2 tablespoons fresh basil leaves, hand-torn

2 cloves fresh garlic, minced
 1 cup shelled edamame, thawed
 1 tablespoon grated Parmesan cheese
 Kosher salt and fresh ground pepper to taste
 In medium-sized saucepan, heat 1 cup of lightly salted water to a boil. Add zucchini and edamame; simmer 3 to 5 minutes or until desired tenderness.

Completely drain vegetables and return to saucepan. Stir in remaining ingredients except cheese.

Cook and stir 1 minute or until heated thoroughly. Serve warm in a dish or on plates and garnish with cheese.✱

HORTOONS



THE RIVER WEEKLY NEWS

FROM THE BEACHES TO DOWNTOWN FORT MYERS

Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE(National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Gateway to the Islands	218-5768
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

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 press@riverweekly.com

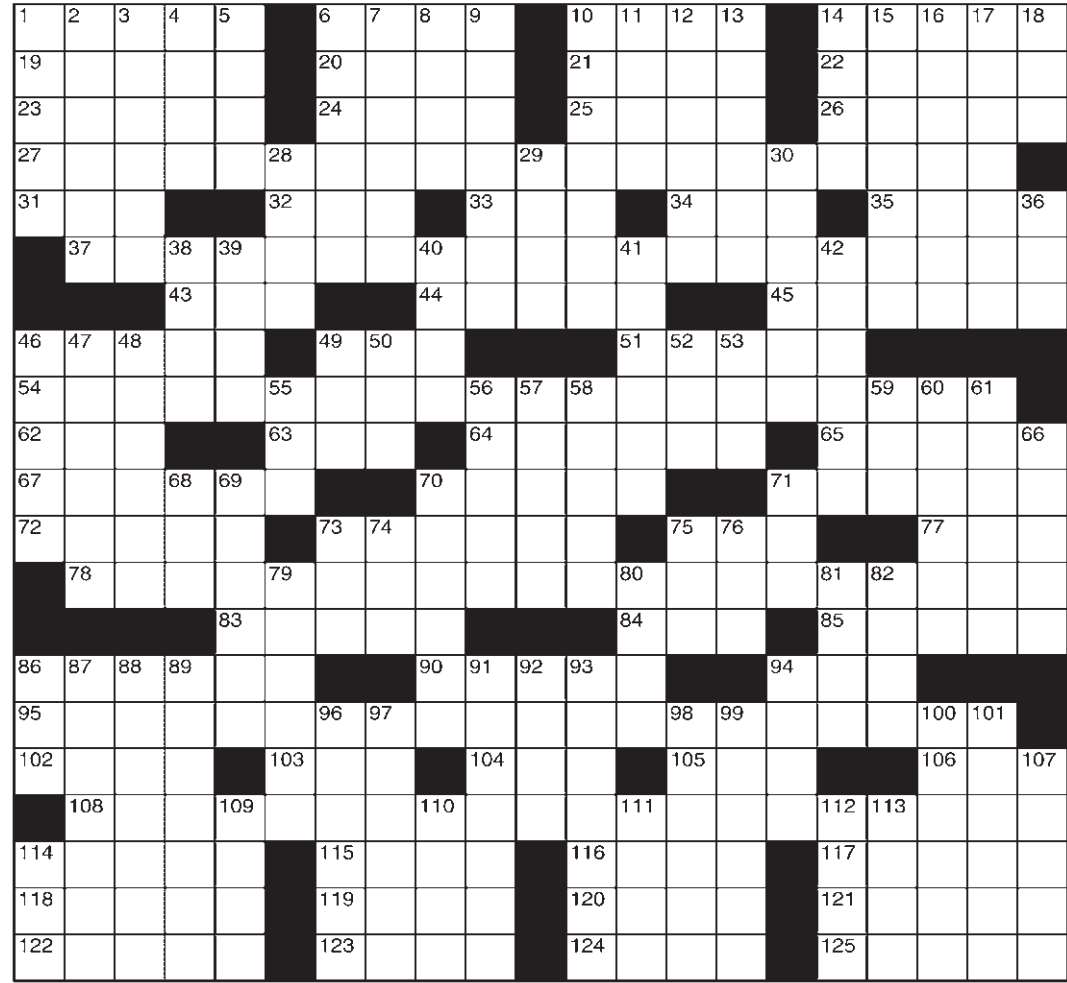
PUZZLES

Answers on page 29

Super Crossword

TEN-CHARACTER MIX

- ACROSS
- 1 See 19-Across
- 6 Bird refuge
- 10 Girl, to Scots
- 14 Tree thicket
- 19 With 1-Across, spring prank victims
- 20 Difficult duty
- 21 Jai —
- 22 Not inclined
- 23 Papal topper
- 24 Long hike
- 25 Crooner Crosby
- 26 Tomb artifact, e.g.
- 27 Failure to keep developing a villain's character?
- 31 Summer zodiac sign
- 32 On an ad — basis
- 33 "Sprechen — Deutsch?"
- 34 Decade count
- 35 "I — care"
- 37 Person forging duel weapons for a big film studio?
- 43 Trailer-park parkers, for short
- 44 "— deal?" ("Are we on?")
- 45 Nun's string of beads
- 46 Lederer who was better known as Ann Landers
- 49 Poke (out)
- 51 Nomadic sort
- 54 Head demons licensed to market products?
- 62 Article south of the border
- 63 It increases on a birthday
- 64 Single-file
- 65 Somewhat, informally
- 67 Alternative to a Cert or a Tic Tac
- 70 Hamburger unit
- 71 More gutsy?
- 72 "— is human"
- 73 Estevez of the screen
- 75 Letter #26
- 77 Gobble down
- 78 Newly coined synonyms for depression?
- 83 — buddy (close friend)
- 84 Dad's mate
- 85 Anxious
- 86 Volcanic peak in N. Oregon
- 90 Limerick's rhyme pattern
- 94 Cedar's kin
- 95 Providing refuge for people who use bleach?
- 102 Granola bit
- 103 Adore, cutesily
- 104 Hosp. test
- 105 Exist
- 106 Go quickly
- 108 Babies seen moving wavily in prenatal scans?
- 114 Shaw of jazz as legs
- 115 Rear,
- 116 Film director Ephron
- 117 Puts freight on
- 118 Very best performance
- 119 Met melody
- 120 A part of
- 121 Action scene
- 122 Fight off
- 123 Nastassja Kinski film
- 124 Camp sight
- 125 Cheeky
- DOWN
- 1 Lethal
- 2 Shared views
- 3 Speaking pro
- 4 Old Italian coin
- 5 Mill refuse
- 6 Later
- 7 Tenor Caruso
- 8 Files a case against
- 9 Gives a double cluck of reproach
- 10 Diagnostic procedure
- 11 Et —
- 12 Wooed with a melody
- 13 Contract inker, e.g.
- 14 Rudely terse
- 15 New York tribe
- 16 LummoX
- 17 Device used in Twister
- 18 End-of-list abbr.
- 28 Units of resistance
- 29 "Oh yes, Juan!"
- 30 Russia's Gromyko
- 36 Go for it
- 38 "— go brag!"
- 39 With, to Yves
- 40 Act of liturgy
- 41 Battle shout
- 42 To a greater extent
- 46 Key above D
- 47 Literary intro
- 48 Pale shade
- 49 Sprightly dance
- 50 Consume
- 52 "Looky here!"
- 53 Ex-combat Gls' gp.
- 55 Possessed
- 56 Watch faces
- 57 "Nay" voters
- 58 Betray by blabbing
- 59 And not
- 60 Most arid
- 61 Cooks, as some clams
- 66 Dilettantish
- 68 Gold, to Juan
- 69 1950 Asimov classic
- 70 "Simple Simon met a — ..."
- 71 Prefix with caching
- 73 Frozen water, to Wilhelm
- 74 L followers
- 75 Beastly site?
- 76 Elegant tree
- 79 First Ford car
- 80 Online 'zine
- 81 Increase
- 82 Apropos of
- 86 Eds.' piles
- 87 See 94-Down
- 88 Lift in the back of a shoe
- 89 Quaint
- 91 Task lists
- 92 Ran in the wash
- 93 Baseballer Randy Johnson's nickname, with "the"
- 94 With 87-Down, get a strong desire
- 96 Charge to attack
- 97 Côte d'—
- 98 Strong-force particle
- 99 AWOL pupil
- 100 Greek island
- 101 Vampy types
- 107 Elia offering
- 109 Angling need
- 110 États- —
- 111 Nil
- 112 "Ah, so sad"
- 113 O'Hara home
- 114 Swiss river



King Crossword

- ACROSS
- 1 Choir voice
- 5 Tackle the slopes
- 8 Mediocre
- 12 Prompted
- 13 Moray, for one
- 14 Helper
- 15 Chris Matthews' show
- 17 Shakespearean king
- 18 "Delicious!"
- 19 Rock band's need
- 20 Vertical
- 21 Saute
- 22 Peter Pan rival
- 23 Stereo setups
- 26 Resident
- 30 Lotion additive
- 31 Spicy
- 32 Green land
- 33 Kadiddle-hopper
- 35 Aquatic plant life
- 36 Female deer
- 37 Bouquets-to-order co.
- 38 High
- 41 Sticky stuff
- 42 Tier
- 45 Culture medium
- 46 Concealed trigger
- 48 Sandwich
- shop
- 49 That guy's
- 50 Admitting customers
- 51 Kennel
- 52 Choose
- 53 Sunrise direction
- 8 Diamond location
- 9 Stead
- 10 First man
- 11 KFC flavorer
- 16 Taverns
- 20 Cushion insert
- 21 Educational visit
- 22 Lustrous black
- 23 Owns
- 24 Sort
- 25 Enemy
- 26 Put on
- 27 Sharp turn
- 28 Historic period
- 29 Born
- 31 Weeding tool
- 34 Monkey (with)
- 35 On
- 37 Palm off (on)
- 38 "— and the Tramp"
- 39 Curved molding
- 40 Respond to gravity
- 41 Clench
- 42 Kelly of morning TV
- 43 Raw rocks
- 44 Took off
- 46 Nevertheless, for short
- 47 Travail
- DOWN
- 1 Sore
- 2 Hawaiian feast
- 3 Expression
- 4 Peculiar
- 5 Sordid
- 6 Edible seaweed
- 7 Under the

MAGIC MAZE • HARD TO OPEN

C Q E O H S I L O P L I A N P
M K I L (C O C O N U T) N S I A
F P D B T Z X W U A A K L S I
Q I O N L T J H J N C L A M N
F C D C A Y O W A A S O V T T
S K Q P N T L B P R M K I I C
H L F E U C N K E B E J Z O A
Y E W N V E C T U N S F A R N
Q J L P E A T U N L I Z A R B
N A M R N E L J I H F W E S D
W R G S L L I B Y L H T N O M

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Brazil nut Letters Paint can Snack packs
Coconut Monthly bills Pickle jar Walnut
Green banana Nail polish Pills Wine bottle
Jam jar No. 10 can Safe



"I bet you thought I was kidding when I promised to show you something you could _____!"

answer on page 29

answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

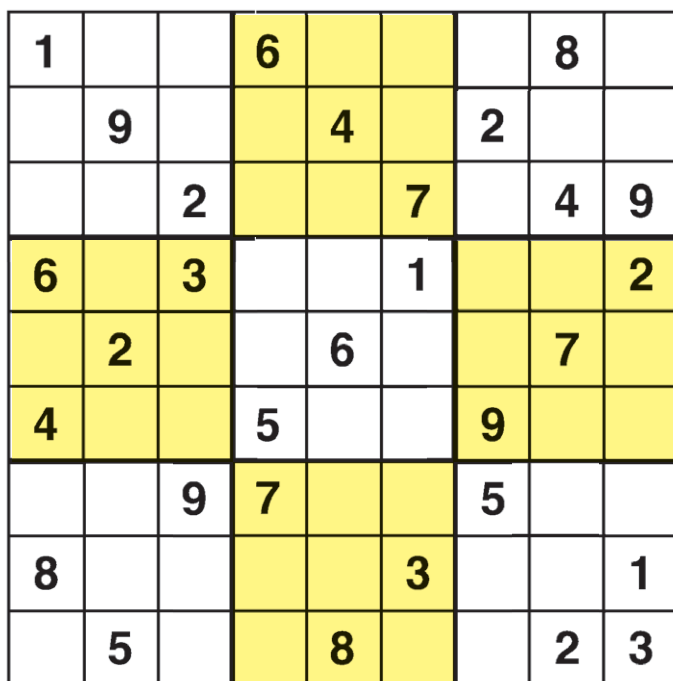
Angst
AMELIAS

Sully
FECAED

Edge
GRIFEN

Mesh
GNOBLE

TODAY'S WORD



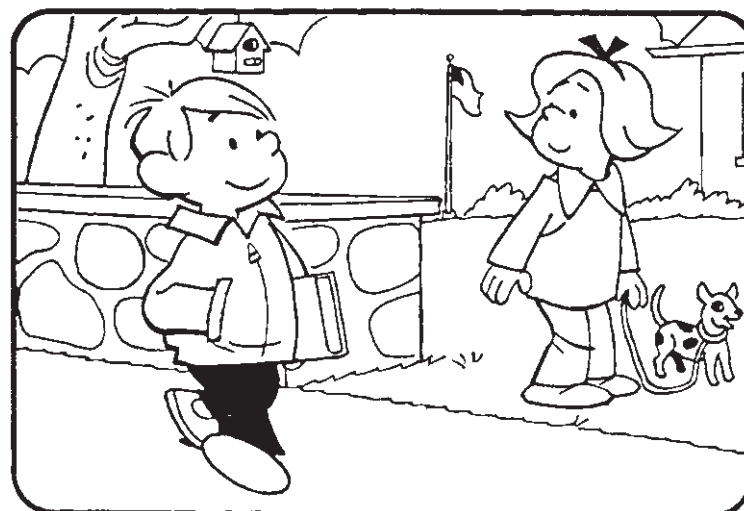
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

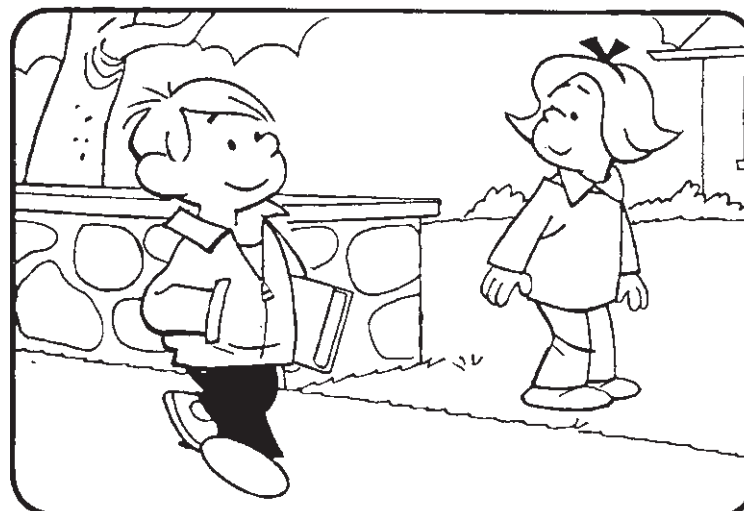
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Birdhouse is missing. 2. Jacket is opened. 3. Flagpole is missing. 4. Book is moved. 5. Collar is smaller. 6. Dog is missing.

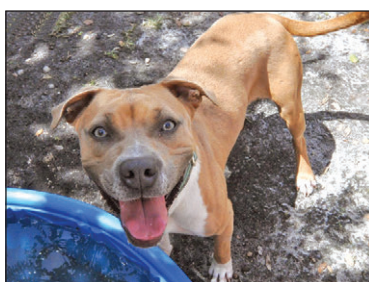
PETS OF THE WEEK

Lee County Domestic Animal Services

Roly Polie Ollie
And Happy

Roly Polie Ollie is a 2-year-old male domestic shorthair who is a special boy that has quickly won the hearts of staff and volunteers at Lee County Domestic Animal Services. He has an issue with balance, so he does stagger when he walks. We like to call it his swagger! He requires no medication for his condition and healthy and happy. He is looking for a home where his eccentricities can be appreciated.

His adoption



fee is Pick Your Price, between \$5 and \$30 (pick an easter egg and the price is inside).

Happy is a 4-year-old female Florida curr and a beautiful girl who lives up to her name. She is always happy and loves people and her canine friends. She is at the perfect 'tween age where she still has energy to play, but is perfectly content to sit on the couch and watch TV with you.

Her adoption fee is Pick Your Price, between \$5 and \$30 (pick an easter egg and the price is inside).

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.*

Haven on Earth Animal League

Maizy And Toby



Maizy

Hi, my name is Maizy. I'm just the cutest little female kitten ever. I am a calico and tabby mix. I'm only seven weeks old and just now ready for adoption. My foster mom has been giving me lots of love, and now I'm ready to find my forever home. My adoption fee is \$125, which includes spaying and all vaccinations. Call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com to make an

continued on page 31

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THE RIVER
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS



Harry Chapin Food Bank
OF SOUTHWEST FLORIDA

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PUZZLE ANSWERS

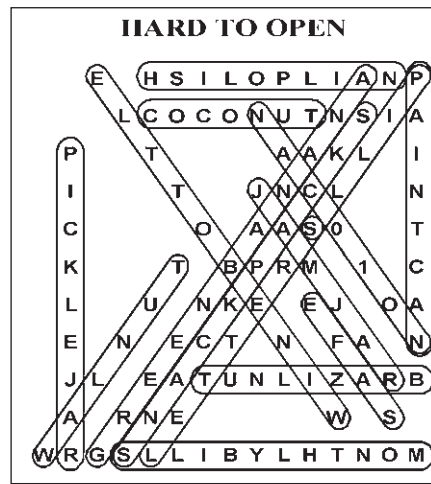
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

1	4	7	6	2	9	3	8	5
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5	8	2	1	3	7	6	4	9
6	7	3	4	9	1	8	5	2
9	2	5	3	6	8	1	7	4
4	1	8	5	7	2	9	3	6
2	3	9	7	1	4	5	6	8
8	6	4	2	5	3	7	9	1
7	5	1	9	8	6	4	2	3

My Stars ★★★★★

FOR WEEK OF APRIL 17, 2017

ARIES (March 21 to April 19) A sudden change of plans could lead to a misunderstanding with a friend or family member. Be ready to offer a full explanation of your decision. A past favor is returned.

TAURUS (April 20 to May 20) Expect pressure from those who want you to change your position on a matter of importance. However, the determined Bovine will be able to withstand the bullying and win out.

GEMINI (May 21 to June 20) It's time to stop dwelling on past disappointments and move on to other possibilities. By week's end, you'll be meeting new people and making new plans for the future.

CANCER (June 21 to July 22) A long-simmering situation between co-workers threatens to heat up and could create problems with your work schedule. Best advice: Consult a supervisor on how to proceed.

LEO (July 23 to August 22) You might have just learned that someone close to you is keeping a secret. And, of course, the Cat's curiosity has gone into overdrive. But be patient. All is revealed soon enough.

VIRGO (August 23 to September 22) Don't give up. The recognition citing the good work you recently did will come through. Meanwhile, an opportunity opens up that can lead to a lot of traveling later on.

LIBRA (September 23 to October 22) A financial crunch eases, but it's still a good idea to keep a tight rein on what you spend for nonessentials. Education becomes a major focus as the week winds down.

SCORPIO (October 23 to November 21) Recent encounters with stressful situations could require some restorative measures to get your energy levels back up. Talk to your doctor about a diet and exercise program.

SAGITTARIUS (November 22 to December 21) New connections follow changes on the job or in your personal life. But keep your feelings reined in until these relationships have a chance to develop.

CAPRICORN (December 22 to January 19) Pay more attention to your aches and pains, but avoid self-diagnoses. Seek professional advice to make sure these problems won't lead to something more

serious.

AQUARIUS (January 20 to February 18) You love doing research and learning new things, so you'll be happy to know that education becomes a big part of your life at this time, and for some time to come.

PISCES (February 19 to March 20) Your Piscean penchant for doing things logically could be challenged by an equally strong emotional reaction to a new situation. Best advice: Keep the two factors in balance.

BORN THIS WEEK: You love music and nature. You would be an excellent environmentalist, as well as a fine singer or musician.

THIS WEEK IN HISTORY

- On April 27, 4977 B.C., the universe is created, according to German mathematician and astronomer Johannes Kepler, considered a founder of modern science. Scientists in the 20th century showed that Kepler's calculations were off by about 13.7 billion years.

- On April 28, 1789, the HMS Bounty is seized in a mutiny led by Fletcher Christian, the master's mate. Captain William Bligh and 18 of his loyal supporters were set adrift in a small, open boat. They reached Timor in the East Indies on June 14, after a voyage of about 3,600 miles.

- On April 24, 1800, President John Adams approves \$5,000 to establish the Library of Congress. The first library catalog, dated April 1802, listed 964 volumes and nine maps.

- On April 30, 1939, the New York World's Fair opens on 1,200 acres at Flushing Meadow Park in Queens. New technology exhibits included FM radio, robotics, fluorescent lighting and a crude fax machine. Sixty-three nations participated.

- On April 25, 1947, President Harry Truman officially opens the two-lane White House bowling alley in the West Wing. President Dwight Eisenhower closed the alley in 1955 and turned it into a mimeograph room.

- On April 26, 1986, the world's worst nuclear accident to date occurs at the Chernobyl nuclear plant near Kiev in Ukraine. The full toll from the disaster is still being tallied, but experts believe that thousands of people died and as many as 70,000 suffered severe radiation poisoning.

- On April 29, 1974, President Richard

Nixon announces that he will release transcripts of 46 taped White House conversations in response to a Watergate trial subpoena, but not the actual tapes. Nixon cited executive privilege, which the Supreme Court rejected. On Aug. 8, 1974, Nixon avoided a Senate impeachment trial by becoming the first U.S. president to resign from office.

STRANGE BUT TRUE

- It was Founding Father and renowned polymath Benjamin Franklin who made the following sage observation: "Patriotism is supporting your country all the time, and your government when it deserves it."

- Those looking for a new, somewhat more relaxing line of work might want to consider becoming air farmers. Yes, that is an actual job title. Since 2015, the British company Aethaer has employed air farmers to "harvest" air in jars at locations all over the British Isles – largely in rural areas, away from roads and their attendant pollution. This pure British air is then sold for \$115 per bottle, mostly to consumers in China, where cities are plagued by unprecedented levels of pollution.

- Everyone, it seems, has a patron saint – even those oft-reviled professionals, dentists. Images of Saint Apollonia show her holding a molar in one hand and an enormous pair of pliers in the other.

- If you're both a lover of books and a travel junkie, then the Tolstoy Train is just the holiday for you. On this luxuriously appointed train – complete with a library – you can take a 14-hour overnight journey between Moscow and Helsinki, Finland, traveling through pine forests, rolling hills and quaint Russian villages.

- Pepsi-Cola was introduced originally in 1898 with the far less appetizing name "Brad's Drink."

- Those who study such things say that when a woman's husband dies, the length of her remaining life does not seem to be affected. When a man loses his wife, though, his lifespan decreases – unless he marries again.

THOUGHT FOR THE DAY

"Success isn't how far you got, but the distance you traveled from where you started." – Steve Prefontaine

SCRAMBLERS

solution

1. Malaise; 2. Deface; 3. Fringe; 4. Belong

Today's Word AFFORD

TRIVIA TEST

1. METALS: What alloy is created by mixing copper and zinc?
2. MATH: What is an obelus in mathematical formulas?
3. THEATER: What long-running play featured the song "Luck Be a Lady"?
4. ACRONYMS: What does LED stand for?
5. ANATOMY: What is a more common name for the hallux?
6. GEOGRAPHY: In what country is Port Said located?
7. FASHION: What is a more common name for "frogs" on military-type jackets?
8. LANGUAGE: What is the name for the type of marriage where a woman has more than one husband?
9. HISTORY: How many soldiers were in an Imperial Roman legion?
10. GENERAL KNOWLEDGE: In what country did the dance called the tango develop?

TRIVIA ANSWERS

1. Brass 2. Division sign 3. "Guys and Dolls" 4. Light-emitting diode 5. Big toe 6. Egypt 7. Braided fasteners 8. Polyandry 9. 5,000 10. Argentina

★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★

REAL ESTATE

ALVA 5.5 ACRES WITH CREEK

Beautiful Scenic Homesite lot in Alva. Enjoy fishing for Bass on your own fresh water creek. Situated on a quiet road, near Hickey's Creek Mitigation Park. For more information, call SUZY CALLANAN, 239-313-0792, Century 21 Sunbelt Realty, Inc.
*RS 4/14 CC 4/21

GARCIA REAL ESTATE AND CONSULTING



RICHARD J. GARCIA, GRI, BROKER
239-472-5147
garciaonsanibel.com
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.
*RS 4/29 CC TFN

COMMERCIAL RENTAL

PRIME OFFICE SPACE

700 square feet at 1619 Periwinkle Way. Immediate Occupancy. Call Joe Gil 516-972-2883 or 800-592-0009.
*RS 4/7 CC TFN

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.
*RS 8/5 CC TFN

VACATION RENTAL

LIGHTHOUSE REALTY

Paul J. Morris, Broker
VACATION RENTALS
PROPERTY MANAGEMENT & SALES
359 Periwinkle Way, Sanibel Island
239-579-0511
*RS 1/4 CC TFN

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1-888-451-7277
*RS 1/4 BM TFN

SEASONAL RENTAL

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Buttonwood Lane
Darling beach cottage, 2BR/1BA, pool, 5 lots to the beach, fenced yard, pets allowed w/approval. Completely renovated/remodeled. Email: info@baileysbeachcottage.com Website: baileysbeachcottage.com
*NS 4/7 CC TFN

RE/MAX OF THE ISLANDS

Putting owners and tenants together
Call Ryan Block
www.remax-oftheislands.com
239-472-2311
*RS 1/23 BM TFN

ANNUAL RENTAL

ANNUAL RENTAL

SANIBEL
By Marina, Updated, 2BD/1½BA, duplex UF. Tile & Carpet, wood staircase. Most utilities included \$2,200/mo

FT. MYERS

Gated Community. Close to Sanibel. 2BD/2BA UF. Condo. \$1,350/mo. Beautiful unit, a must see!!



472-6747
Gulf Beach Properties, Inc.
Helping People Become Islanders for over 35 years!
The Island Experience!
*RS 4/14 BM TFN

SERVICES OFFERED

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available) Joe Scarnato (239) 849-6163 scarnatolawn@aol.com
*RS 1/25 BM TFN

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QUALITY SENIOR CARE

24 Yrs Exp. Working With Seniors at Shell Point Retirement Community Nursing Assistant and CPR Trained
-Personal Care -Companion -Meals
-Transport -Cleaning -Shopping
-Home Sitting -Pet Care -Yard Care
-Recreation/Leisure Activities
Excellent References. Loving/Patient
DAWN 239-204-0475
*RS 4/14 CC 6/2

HOLISTIC HOME CLEANING

Optimize your health and home Utilizing hydrogen peroxide, fresh citrus, b. soda and Suds.
Sonya @ 239-246-7007.
*RS 12/23 CC TFN

RON'S CLEANING SERVICE

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CAPTIVA
FORT MYERS
PROFESSIONAL
RESIDENTIAL CLEANING
& MISC. SERVICES
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SANIBEL & LEE COUNTY
EXCELLENT REFERENCES
CALL RON @ 239-463-4227
*RS 4/7 CC 4/28

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772-1955
Servicing Residential & Commercial Pools!
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License & Insured
*NS 5/20 CC TFN

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Sanibel Lic. #11412 Lee Co. Lic. #051047
*NS 1/4 PC TFN

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*NS 3/24 CC 4/14

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*RS 3/3 CC TFN

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Call Roger 239-707-7203.
Aqualink - Motor Controls.
Office & Store Maint.
*RS 6/7 CC TFN

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Very Reasonable Rates
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239-322-8054 Sanibelhw@gmail.com
*NS 9/16 CC TFN

SEEKING EMPLOYMENT

WORK WANTED

Two ladies looking for work, full time on Sanibel. Nursing care, shopping, running errands, housework provided.
Have excellent references.
Please contact 207-350-9410
*NS 3/24 CC 4/14

HELP WANTED

DISPATCHERS RESERVATIONS SPECIALISTS

Part/full time for weekends and evenings. Excellent verbal telephone skills, multi-tasking, clerical and computer skills. Call for interview, 239-472-4160. An established airport limo service serving Sanibel/ Captiva Islands to RSW and local airports for over twenty five years.
*NS 3/31 CC 4/21

LIMO DRIVERS FOR SANIBEL TAXI

Seeking highly dependable, personable individuals with clean, safe driving records. All shifts available, full or part time. Knowledge of Sanibel & Captiva Islands a plus. Apply in person with Kay or Leslie from 2PM to 5PM daily at our office: The Promenade, 695 Tarpon Bay Road, #12 across from Sanibel Post Office. Sanibel Taxi provides reserve limo service, and has provided transportation for over twenty five years to RSW, and other local airports.
*NS 3/31 CC 4/21

HELP WANTED

OFFICE ADMINISTRATOR

We are a resilient and viable company open for recruitment for an administrative assistant to help bring about efficiency within the work force and also streamline the work load to a great minimum. candidates interested must work Monday through Friday. Candidates are required to provide support in every feasible way possible to the customer and represent the company in a more comprehensive way. We are seeking driven, motivated individuals who are not afraid to be on the phone. This position requires attention to detail. You will be in charge of giving clients updates, answering questions, obtaining information and just assisting the client in any way they may require. The target is to ensure excellent service standards and maintain high customer satisfaction. For more info contact: barry.diller@outlook.com.
*RS 4/14 CC 4/21

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way
*NS 5/6 BM TFN

BOATS - CANOES - KAYAKS

FOR SALE

Old Town Tandem Kayak plus paddles and life vests. Weight 65 pounds. Adjustable Comfort Flex seat; Removable front seat; color Sky Blue; Glide Track foot brace system; Carrying handles; Cup holders; Rear bungee. \$500. 239-579-0720.
*NS 4/7 CC 4/14

DOCKAGE

Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800
*RS 1/4 NC TFN

VEHICLE FOR SALE

GOLF CART FOR SALE



Street legal, "gas" powered.
\$7,000. 239-209-6500
*RS 1/20 BM TFN

From page 27

Pets Of The Week

appointment to meet me.

Hi, my name is Toby. I am a really sweet baby boy with beautiful Tabby markings and white cheeks. I am only seven weeks old and just now ready for adoption. My adoption fee is \$125, which includes neutering and all

vaccinations. I am currently residing with a foster mom. To make an appointment to see me, call Diane at 860-833-4472 or email Haven on Earth Animal League at havenonearthanimalleague@yahoo.com.

We are being cared for by Haven on Earth Animal League. For more information, email havenonearthanimalleague@yahoo.com.✽

PAWS Of Sanibel

Rosie And Beau

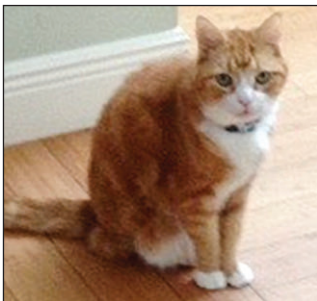
Sadly, beautiful kitties Rosie and Beau recently lost their human momma and her husband is not able to keep them. Rosie is a domestic medium long hair, and Beau is a domestic short hair. Both were born in 2007, were adopted as kittens, and are from two different litters.



Toby



Rosie



Beau

They are both front declawed. They have always been kept inside. They love to play with toys, are loving and love attention. Currently, they have two large dogs in their household, a German shepherd and a golden retriever, so they are accustomed to sharing living space with dogs. Beau is more at home with the dogs and, while Rosie has no issues with the dogs, she prefers her own space and stays out of their way.

They have had recent physical exams and are up to date on their rabies immunization. They are very sweet and deserving of a wonderful home. If you can give them both a new life, call Ed at 565-5028.✽

PAWS Of Sanibel

Hugo And Caramel



Hugo and Caramel

PAWS of Sanibel is trying to find a temporary foster for two dogs, beginning in April, while the owner continues to undergo cancer treatment, which is taking longer than anticipated and won't be finished until July. The dogs have been staying with friends since last fall, and the arrangement has been working great. However, they can only continue fostering them until next month.

The dogs can be fostered together or separate. They are bonded but also resilient and we know that two big dogs can be a lot for anyone. The family is staying with relatives on Sanibel, however, they're in a condo that doesn't allow pets. They would love to be able to visit with the dogs and would like to be able to walk them. They would provide all food, etc.

The two dogs are named Hugo and Caramel, short for Carmelita. Both dogs are around 3 years old. Hugo is a vivacious black labrador with a little mastiff mix and

much like big teenager. He knows basic commands. He does great with dogs, so-so with cats, and he would do well with an experienced dog owner. He is a large, healthy dog.

Caramel is medium-sized Chow and Terrier mix, is a real good listener and pretty good at keeping Hugo in line. Caramel is a very obedient and attentive dog. They both are kennel trained and sleep together in the same large kennel.

They also go to the kennel for rest and time out as their spot. They eat two scoops each of the same food, mornings and evenings. Food, bowls, kennel and supplies will be provided.

If you can help in any way, or foster one or both of these sweet dogs, call Pam at PAWS of Sanibel at 472-4823.✽

PAWS Of Sanibel

Prince Harry



Prince Harry

This handsome guy needs a forever home. Prince Harry is a young, approximately 1-year-old beautiful light orange Ocicat mix with a beautiful coat. He has a lot of attitude/personality and loves to jump, run and play. He was picked up by the Sanibel Police on East Lake Road. He has been neutered, microchipped, combo tested and has had all his immunizations.

He seems to do fine with cats, but he does not like DOGS! He's being fostered currently, but only for a couple of weeks. PAWS would love to find him a great home with a wonderful family. As with all of the cats at PAWS, he must be kept inside, unless you teach him to walk on a leash during daylight hours only. Sanibel has become so overrun with wild critters that all small animals should be kept inside at night, and never should be allowed to roam free.

Call Pam at PAWS at 472-4823 with questions or to adopt Prince Harry.✽

FOR SALE

FURNITURE

Bedroom set all in light oak finish. Triple dresser. Queen size bed including box spring, mattress, bedding, headboard. Includes two night stands plus two up right cabinets plus other additional storage all for \$300. A walnut upright free standing jewelry chest \$100. Brightly multi-colored love seat \$150. 43" HD Samsung TV with many additional features \$100. Maple TV table 15"x45" \$125. All furniture in excellent condition. Open to offers. Call Bert 239-466-8618. ✽ 4/14 CC 4/14

FURNITURE FOR SALE

Complete furnishings of a large 3-bedroom condo with den, living room & dining room. The furniture is in excellent condition; condo never rented. Includes end tables, coffee tables, lamps & pictures. Purchaser must take all furnishings that are designated for sale. Professional movers required because of elevator & stairs. Call for appointment to view/leave message: 239-472-8131. ✽ 4/14 CC 4/21

MOVING OVERSEAS SALE

Entire House Must Go!
Saturday April 15 8am-11am
601 Sea Oats Dr (off West Gulf)
✽ 4/14 CC 4/14

LEGAL NOTICE

FICTITIOUS NAME
NOTICE IS HEREBY GIVEN that Sanibel Sea School, Inc., with an address of P.O. Box 1229, Sanibel, FL 33957, desiring to engage in business under the fictitious name "Ocean Tribe Outfitters" located in Lee County, Florida, intends to register said name with The Division of Corporations of the Department of State, Tallahassee, Florida. Dated the 6th Day of April, 2017. James Bruce Neill, Sanibel Sea School, Inc. ✽ 4/14 CC 4/14

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Rookery Lake	Bonita Springs	2001	5,280	\$2,850,000	\$2,675,000	45
Cases	Fort Myers Beach	1963	1,694	\$1,998,000	\$1,925,000	0
Cassina	Miromar Lakes	2016	2,672	\$1,481,195	\$1,489,535	80
Captiva Palma Unrecorded Subdivision	Captiva	1979	1,988	\$1,400,000	\$1,390,000	18
Cape Coral	Cape Coral	2001	3,594	\$989,500	\$979,500	5
Not Applicable	Sanibel	1968	1,766	\$975,000	\$945,000	21
Sanctuary	Bonita Springs	1998	4,984	\$950,000	\$950,000	122
Del Sega	Sanibel	1976	2,530	\$899,000	\$777,000	343
The Rocks	Sanibel	1977	2,072	\$869,000	\$830,000	71
Kings Crown	Sanibel	1975	1,891	\$849,900	\$828,000	115

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